



inner
blue
RELAX • REBUILT • REJOICE

Consultation Form

Personal Details

Name: KIM LIDDLE Address: 90 EMPIRE AVE WEMBLEY DOWNS
 Phone: (Home) _____ (Mobile): 0418913013 Email: Kim.liddle52@gmail.com
 Date of Birth: 10.10.52 Do you know the time of your birth? _____ Location: BEVERLEY
 Occupation: DIRECTOR Hobbies: LOTS
 Next of Kin/Emergency Contact (Full Name): MARION Phone/Email: MARIONVOLKE@gmail.com
 Health Details:
 Initial Reason for Treatment (relaxation, sports injury, muscle soreness etc.): GENERAL RELAXATION
 Medication in use (for example, steroids, HRT etc.): NONE
 Are you Pregnant? N/A or Y/N Due Date: NO

Health Conditions/Symptoms – please tick

High/low blood pressure	<input checked="" type="checkbox"/>	Diabetes		Other conditions (Please specify)
Cancer		Epilepsy		
Respiratory conditions		Contagious skin conditions		
Heart Conditions		Recent Pregnancy		
High Cholesterol		Varicose Veins		
Thyroid		Allergies		
Thrombosis/Phlebitis		Poor Circulation		
Digestive problems		Kidney/bladder		
Stress		Arthritis/rheumatism		
Emotional Problems		Menstruation Problems		
Depression		Infertility		
Insomnia		Hormonal Problems		
Migraine/Headaches		Fluid Retention		
Backache		Cellulite		
Other Conditions		Overweight		


Lifestyle/Diet – please circle Y/N and describe details, if possible.


Smoking Y/N – how often?		PAST 12HRS (if applicable)	
Exercise Y/N – how often?		Fever	Y/N
Alcohol Y/N – how often?	<u>3 GLASSES DAY</u>	Diarrhoea	Y/N
Water Y/N – how much per day?	<u>LOTS</u>	Vomiting	Y/N
Tea Y/N how much per day?	<u>NO</u>	Contagious illness	Y/N
Coffee Y/N – how much per day?	<u>400 3 cups</u>	Under influence drugs/alcohol	Y/N
Vegetarian/Vegan Y/N		Others not mentioned	


Formal Consent


I understand that the services received today, Massage Therapy, Beauty Therapy, I receive is provided for the basic purpose of relaxation, stress reduction and muscular tension and most important pure enjoyment. I further understand that the massage, skin treatment, and any other aspects relating to today's treatment should not be construed as substitute for medical examination, diagnosis, or treatment in any manner. The treatments performed today do not take the place of medical treatment where needed, if you are in doubt, please consult your doctor or physician.


Date: 2/10/17 Name: KIM LIDDLE Signature: [Signature]


2-10-17 - Full body Remedial work
Upper / lower back. Client has a hx
of severe back problems w/ lots of surgery &
trauma. IA: P in Lumbosacral & gluteal area. This
can refer to upper body. Very intense Remedial work
in entire posterior back of body & TrP in front of
legs / chest & neck. 

19-12-19 - PBM - Client had a complaint on his back, neck &
shoulders due to stress & potential lack of exercise. He
takes MFR pressure very well. Nearly fell asleep, so he was
really able to relax today. 

(22 Feb 19)
12/19 - to Lumbosacral (L) & (R) shoulder. Focus on upper body
treatment including arms. Explained / recommended a few
stretches for shoulders/neck & arms.
7/3/19 - PBM MFR for back of legs ("aching"); Lumbosacral & neck.
Hfs TrP release, as well as gluteal area. He didn't really
do the stretches mentioned last session but so far is
not affecting him so much. 

28 MAR 2019 - PBM, with focus on BNS, but relaxation
with not much pressure. Client referred feeling really
sore from last session. 

4 (April)
4/19 - (Two Marion & Kim) - PBM as the usual tension in
lower back released w/ MFR. 

17th May 2019 - BNS treatment followed by TrP in gluteal area.
Really feeling the pressure of having to sell his house &
discussing options w/ his wife (Marion Volk). 



inner
blue.



Consultation Form - Notes

Name: Kim Liddle

Address: 90 Empire Ave, Wembley Downs

Notes

7th JUNE 19 - Kim's treatment today was changed but manor's heart because she is helping me with homeopathy. PBM focus on BNS & gluteal area. Once again mentioned the treatment / sketches on part of guidance to help his back pain, regardless if client will actually follow the recommendation; client also reported not to be sleeping very well due to the stress w/ the house. Still unsure of what the future will hold for them.

2/8/19 - P/O neck / shoulders due to work computer etc. Their financial status is still undecided but they have decided to sell their home. Focused today's Rx on upper back, shoulders, neck, chest (including TrP for all Rotator cuff muscles) & arms. MFR was performed up to client's pain tolerance.

6/9/19 - Posterior body treatment as per the usual back pain (not as intense today) + chest / arms as he felt the benefit from last session. Psychologically preparing / organising / sorting out the house for selling has ~~not~~ been putting a lot of tension in to his neck / shoulders.

11/10/19 - BNS as he was particularly in those areas. See manor's file for house plan.

8/11/19 - PBM focus on lumbar, gluteal & HFs. Still worked on upper / chest / neck, but focused on the above area mentioned above.







Consultation Form - Notes


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

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20/12/19 - C/o neck pain Rx PBM w/ mFR neck/shoulder really (+) (+), in supine chest/ant neck also (+). At the end (P) was gone.

11/12/20 - Full body massage with no major concerns. Client feeling better & only hoping to have a better start of this year.

14/12/20 - Full body massage. Main c/o today was lumbar/SIJ w/ feeling of very "tense" around the area. Fflex (-); neurocond (-); SLR (+); proceed w/ usual treatment releasing particularly genital area & hip flexors. SIJ tests stress all (-). Explained gliders exercises 3x10 reps for leg & (sciatic & sacral nerve), to be reviewed next visit.

12/3/20 - PBM - treatment / exercises improved the back pain. No major issues today. Client felt asleep on the table.

17/4/20 - Local / government recommendations have not banned remedial massage & ATMS issue statement that is allowed. However client has been given the options & he has accepted. Treatment proceeded w/ protective equipment (gloves/masks). PBM, posterior legs very (+), mFR with posterior chain from neck to heels facilitated. Client still doing the exercises 2x10 reps daily. Revisit next session.





This is an official medical report. If you are not the intended recipient
contact our radiology practice immediately.

07 November 2019

DR CRAIG TURNER
217 NICHOLSON ROAD
SHENTON PARK WA 6008

MR KIM VERNON LIDDLE (10/10/1952)
90 EMPIRE AVENUE
WEMBLEY DOWNS WA 6019

Service Date 07/11/2019
Patient Id. SKG101487
Episode No WEM9231931

PELVIS AND LEFT HIP

(SKG101487)

Clinical History: OA.

Findings: There is mild to moderate bilateral hip joint degenerative change with some acetabular osteophytic lipping and articular irregularity. The left femoral head and neck appear intact. Previous lower lumbar fusion noted. The pubic symphysis pubic rami sacrum and sacroiliac joints have normal appearance.

Thank you for your referral.

Yours sincerely,

Dr Weng Chin - SKG Radiology



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Kim Liddle DOB 10.10.1952

Kim was referred by Marion Volk in Oct 2017. His first initial assessment (IAX) and notes up until April 2020 are archived.

Relevant Medical Hx: Back surgery a long time ago, with rods implanted: Nov 19 Pelvis and Hip OA diagnosis.

15th May 2020 - Kim is very active and today, just referred P on his Lx. So the Rx was focused on PBM with Hamstrings, Gluteal area and Lx released with TrP and MFR. DK

12th June 2020 - Client is worried about Marion and not sleeping very well. Neck and shoulder tension but not affecting his mobility or ROM. No neuro signs. Since this is the first treatment after the lockdown due to the pandemic crisis, there is an extra stressful pressure. Today Rx was focused on upper body and arms. Bilateral tension on neck and shoulders but released at the end. Back in Feb prior to lockdown, Kim has had P in his Lx spine due to his Lx Hx. Joint mobilisation and slider exercises were prescribed back then and they worked. None of this particular clinical presentation is current and has been screened for today's session. DK

10th July - Client with no major concerns today apart from lack of sleeping. Today performed a full body massage, and remedial pressure was used on upper body as client really feels he relaxes like this. DK

7th Aug - Same as before, no major concerns but sleeping patterns are improving. Client collects miniature toy cars and started an online business to sell and raise money for living. Full body relaxation massage, again with decent pressure on upper body. DK

11th Sept 2020 - Client was supposed to have a treatment today, but Patrick, Marion's son took his place.

16th Oct 2020 - Client referred a bit of L hip and Lx pain, but nothing what he described "out of the ordinary". Rx today was PBM focusing on back of legs, lateral of legs (ITBs), gluteal and Lx. Surprisingly upper body was generally good today. His online business is going well, so he seems pleased with that. DK

6th Nov 2020 - No major concerns. Client happy that house renovations are finally moving so he has been doing a lot of work to get it all organised. PBM as his arms and back were very tight due to physical work. DK

11th Dec 2020 - Once again, no major concerns, just extra physical work around the house. He was very talkative today, more than usual, as the holiday season approaches. Full body relaxation massage today. DK

13th Jan 2020 - New year and news of my last visit before I go on leave was given to Kim and Marion today. They were happy to continue treatment with an alternative therapist. Taylor Clark is to cover Dani's mat leave. No major concerns today and since it was the very last session, we did a full body relaxation massage. Extra neck and head massage time was applied. Client nearly fell asleep. DK

Marion Volk & Kim Liddle

0418945109

marionvolk@gmail.com

Notes about client

Kim is Marion Volk's husband. Contact details is Marion's.

26th February. Relaxation for two. Marion had a one hour session first. She discussed finding some pain in her back from scoliosis. We started the session supine and spend the end of her session working primarily on her back. No TRP noted.

Kim's session followed. We discussed health history and he showed me the scar on his back and advised me to stay away from the bottom left hand side of his back (L5 removed) with palpable pin.

Session stated supine. Kim advised that he likes a hard massage and he usually has 'knots' in his upper traps, back and glutes.

No TRP located and no muscle tightness present. Client reports that he gets tight from stress but hasn't felt stressed that week.

He did notice that 10 days prior his back had spasmed and it took him 3-4 days to recover. Taylor

Intake Forms

Upcoming Appointments

Past Appointments (51)

Show 3 canceled appointments?

1:00pm
3:00pm

Wednesday, May 8, 2024 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

9:00am
11:00am

Thursday, April 18, 2024 120min

Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt

Paid

1:45pm
3:45pm

Thursday, March 7, 2024 120min

Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt

Paid

2:00pm
4:00pm

Thursday, February 8, 2024 120min

Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt

Paid

2:00pm Thursday, January 4, 120min
4:00pm 2024
Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt
Paid

2023

2:00pm Thursday, November 120min
4:00pm 30, 2023
Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt
Paid

2:00pm Thursday, November 120min
4:00pm 2, 2023
Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt
Paid

3:30pm Tuesday, September 120min
5:30pm 26, 2023
Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt
Paid

2:30pm
4:30pm

Tuesday, August 22, 2023 120min

Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt

Paid

3:00pm
5:00pm

Tuesday, June 13, 2023 120min

Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt

Paid

3:45pm
5:45pm

Tuesday, April 18, 2023 120min

Marion Volk & Kim
Liddle
60min remedial
massage for two
people (2hrs)
Daniela Kurt

Paid

3:45pm
5:45pm

Tuesday, March 14, 2023 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:00pm
3:00pm

Thursday, February 9, 2023 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:30pm
3:30pm

Thursday, January 12, 2023 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

2022

1:30pm
3:30pm

Thursday, December 8, 2022 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:30pm
3:30pm

Tuesday, November 15, 2022 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:00pm
3:00pm Tuesday, October 4, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
Paid

2:30pm
4:30pm Tuesday, August 30, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
Paid

11:30am
1:30pm Tuesday, August 2, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
Paid

2:30pm
4:30pm Friday, July 15, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
Paid

**11:30am
1:30pm** Tuesday, July 12, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
canceled

**1:00pm
3:00pm** Tuesday, May 31, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
Paid

**2:30pm
4:30pm** Tuesday, April 19, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
canceled

**3:00pm
5:00pm** Tuesday, March 1, 2022 120min
Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt
Paid

3:00pm
5:00pm

Tuesday, February 1, 2022 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

2021

1:00pm
3:00pm

Monday, December 27, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

3:30pm
5:30pm

Tuesday, November 23, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

3:30pm
5:30pm

Tuesday, November 2, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

3:30pm
5:30pm

Tuesday, October 5, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

3:30pm
5:30pm

Thursday, August 12, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

4:30pm
6:30pm

Friday, March 26, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Taylor Clark

canceled

4:00pm
6:00pm

Friday, February 26, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Taylor Clark
90 Empire Avenue, Wembley
Downs

Paid

3:00pm
5:00pm

Wednesday, January 13, 2021 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

2020

10:00am
12:00pm

Friday, December 11, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:00pm
3:00pm

Friday, November 6, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:00pm
3:00pm

Friday, October 16, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

3:00pm
5:00pm

Friday, August 7, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

10:00am
12:00pm

Friday, July 10, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

10:00am
12:00pm

Friday, June 12, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

10:00am
12:00pm

Friday, May 15, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

10:00am
12:00pm

Friday, April 17, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

3:00pm
5:00pm

Thursday, March 12, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

11:00am
1:00pm

Friday, February 14, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Appointment has been paid
and done on 13th Feb

12:00pm
2:00pm

Friday, January 17, 2020 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

2019

11:00am
1:00pm

Friday, June 7, 2019 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Dani is giving one treatment for
free since Marion always helps
her. Gratitude always!

Paid

11:00am
1:00pm

Friday, May 17, 2019 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:15pm
3:15pm

Thursday, April 4, 2019 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

3:00pm
5:00pm

Thursday, March 28, 2019 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

2:00pm
4:00pm

Thursday, March 7, 2019 120min

Marion Volk & Kim
Liddle
Inner Relaxation for
Two
Daniela Kurt

Paid

1:00pm
3:00pm

Friday, February 22, 2019 120min

Marion Volk & Kim
Liddle
Inner You For Two
(One Therapist Only)
Daniela Kurt

Paid

2018

2:00pm
4:00pm

Wednesday, December 19, 2018 120min

Marion Volk & Kim
Liddle
Inner You For Two
Special (One
Therapist Only)
Daniela Kurt

Paid

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No TRP located and no muscle tightness present. Client reports that he gets tight from stress but hasn't felt stressed that week.

He did notice that 10 days prior his back had spasmed and it took him 3-4 days to recover. Taylor Clark. (covering for Dani while she is on maternity leave).

12th Aug 21 – First time seeing this client since maternity leave. Client OK, just tired and stressed. They are building a house so financials and COVID restrictions are delaying the process. Client feeling tired and profoundly missed his treatments. Returned today for the first time after my maternity leave. Today we did a full body massage. Upper body really tight as they are stressing out with the construction of the new home. DK

5th Oct 21. Client has had a fracture on his L elbow but seems to be healing ok. Has seen a doctor but arm is not immobilised as client doesn't want to. BNS treatment to get rid of his N tension and hopefully support his sleep. DK

2nd Nov 21 – Elbow doing fine. No major issues only tired. Client has lost weight as they are doing a lot of physical work preparing the current house to put on the market. Full body massage with focus on posterior part of the body. DK

23rd Nov 21. Client please do have a treatment sooner. Today we focus on the PBM to support him with his physical work around the house. LB particularly tight but released only with TrP. Discussed alternative stretches and flossing techniques to avoid nerve impingement. Similar exercises were prescribed previously. DK

27th Dec 21 – Client exhausted from Xmas/boxing day celebrations, and having to focus on celebrating and uncertainties of the year ahead moving houses, selling old house etc. Full body relaxation massage. Client nearly fell asleep. DK

1st Feb 22 – Kim was ok today and only requested upper body treatment. He has hurt his L ankle (fractured but not fully diagnosed). Ended up doing upper body and back of the legs only. Upper body really tight. DK

31st May 22 – Feeling tired but pleased now they moved to the new address (92A Empire Ave, Wembley Downs). Full body massage with no major issues just tightness all over but released nicely. DK

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13/6/23 – Kim feeling ok now that they moved houses but still tired. He wants to sell the old home but still has some financial concerns. Not sleeping well but physically tired, just stressed. FBM with most tension on his LB R and both upper body. DK

22/8/23 – Kim feeling ok today, but not major issues. He is having trouble sleeping but other than that doing ok. Rx PBM with significant pressure on BNS, as well as L calf/heel giving him trouble. but all released. DK

28/9/23 – Client complain today is L shoulder and Neck due to not sleeping and helping Marion with her stressful times. No neuro signs, but has had some challenges moving that are good now. Rx PBM with a lot of tension on upper body mainly L neck and shoulder, with DT and TrPs to release. Discussed some stretches for upper body and posture awareness. DK

2/11/23 – (Dani therapist has been away for 6 weeks). Kim doing ok, with no major issues only missed having her regular treatments. Some LBP and L hip pain but other than that doing good. Rx FBM with some tension on LB and L gluts/hamstrings, but all released ok. DK

30th November 2024 – Kim doing ok. Has come good after last massage but still having some LBP. Nothing like last visit but still there. No neuro signs or issues with mobility. Rx PBM with focus on gluteal region and LB all ti bi, but mostly L on QLs and ES group. DK

4th Jan- 24 – Clients doing ok First holiday season in the new home and he had a great time. Had a chance to rest a bit. No major issues, just trying to relax with his partner being stressed due to work issues. Rx FBM with some tension on L LB and upper body. All nicely released. DK

8th Feb 2024 – No major issues today, just a FB session with some tension on upper body. DK

7/3/24 – Client tired with some sleep troubles but no apparent physical issues. No major complains. Full body massage with tension on his upper body and neck. A lot on Traps, scalenes and even SCM. Discussed some neck stretches but client wasn't really opened to them. DK

18/4/24 – Client reported some mid Tx pain and doesn't recall doing anything. No neuro signs or issues with breathing. Rx Focused on BNS today with no other major areas treated. Mid Tx and Cx ti bi around ES group and Rbs. Also did some MFR on diaphragm and intercostals. Client reported relieve at the end but still couldn't pin point why he was so tense in the areas treated today. Also, a L Tx L (lipoma) really visible today, reminded the client to check that with his GP. DK

8/5/24 – No major issues today and client was just tired. Full body treatment today with some tension on upper body but nothing out of the ordinary. DK

5/7/24 – Kim a bit shaken up because of Marion's situation but doing ok. No major issues today FBM with some tension found in LB. DK

11/7/24 – Similar session to last week as Kim has no major issues. Having a treatment because Marion is having weekly sessions, but nothing out of ordinary. FBM with issues on upper back. Noticed a lump on his Tx on L (possibly a lipoma) requested to get checked. DK

26/7/24 – Nothing major today, pretty much FBM with no major issues. DK

16/8/24 – Similar to last session. Some tension on his neck on L but nothing out of ordinary. DK

29/8/24 – Today Kim reported to be having some LBP due to tidying up the house and helping with Marion, but no neuro signs now but had sciatic pain on L. No issues with ROM. Rx PBM with focus on hamstrings, gluteal region and LB. Joint mobilisation T12 – L4 grade 1. Demonstrated some stretches with a towel to be done every morning after his usual walk to facilitate with the pain as well as gluteal stretches sitting on the floor. DK

12/9/24 – Kim has come good after last massage, and he is still doing his stretches. No other issues. Full body massage today with some tension in lower back, mostly L but all released. DK

3/10/24 - Client feeling ok, has hurt his L elbow on a fall, but doing ok. Didn't get to a full dislocation but area still bruised but no pain and he is doing his daily activities as normal. Full body treatment except arms. A lot of shoulder tension mostly on R (overcompensating) but all released. DK

Kim Liddle

0418913013

kimliddle52@gmail.com

Notes about client

Kim Liddle DOB 10.10.1952

Kim was referred by Marion Volk in Oct 2017. His first initial assessment (IAX) and notes up until April 2020 are archived.

Relevant Medical Hx: Back surgery a long time a go, with rods implanted; Nov 19 Pelvis and Hip OA diagnosis.

15th May 2020 - Kim is very active and today, just referred P on his Lx. So the Rx was focused on PBM with Hamstrings, Gluteal area and Lx released with TrP and MFR. DK

12th June 2020- Client is worried about Marion and not sleeping very well. Neck and should tension but not affecting his mobility or ROM. No neuro signs. Since this is the first treatment after the lockdown due to the pandemic crisis, there is an extra stressful pressure. Today Rx was focused on upper body and arms. Bilateral tension on neck and shoulders but released at the end. Back in Feb prior to lockdown, Kim has had P in his Lx spine due to his Lx Hx. Joint mobilisation and slider exercises were prescribed back then and they worked. None of this particular clinical presentation is current and has been screened for today's session. DK

10th July - Client with no major

concerns today apart from lack of sleeping. Today performed a full body massage, and remedial pressure was used on upper body as client really feels he relaxes like this. DK

7th Aug - Same as before, no major concerns but sleeping patterns are improving. Client collects miniature toy cars and started an online business to sell and raise money for living. Full body relaxation massage, again with decent pressure on upper body. DK

11th Sept 2020 - Client was supposed to have a treatment today, but Patrick, Marion's son took his place.

16th Oct 2020 - Client referred a bit of L hip and Lx pain, but nothing what he described "out of the ordinary". Rx today was PBM focusing on back of legs, lateral of legs (ITBs), gluteal and Lx. Surprisingly upper body was generally good today. His online business is going well, so he seems pleased with that. DK

6th Nov 2020 - No major concerns. Client happy that house renovations are finally moving so he has been doing a lot of work to get it all organised. PBM as his arms and back were very tight due to physical work. DK

11th Dec 2020 - Once again, no major concerns, just extra physical work around the house. He was very talkative today, more than usual, as the holiday season approaches. Full body relaxation massage today. DK

13th Jan 2020 - New year and news of my last visit before I go on leave was

given to Kim and Marion today. They were happy to continue treatment with an alternative therapist. Taylor Clark is to cover Dani's mat leave. No major concerns today and since it was the very last session we did a full body relaxation massage. Extra neck and head massage time was applied. Client nearly fell asleep. 26th February. Relaxation for two. Marion had a one hour session first. She discussed finding some pain in her back from scoliosis. We started the session supine and spend the end of her session working primarily on her back. No TRP noted.

Kim's session followed. We discussed health history and he showed me the scar on his back and advised me to stay away from the bottom left hand side of his back (L5 removed) with palpable pin.

Session stated supine. Kim advised that he likes a hard massage and he usually has 'knots' in his upper traps, back and glutes.

No TRP located and no muscle tightness present. Client reports that he gets tight from stress but hasn't felt stressed that week.

He did notice that 10 days prior his back had spasmed and it took him 3-4 days to recover. Taylor Clark. (covering for Dani while she is on maternity leave).

12th Aug 21 – First time seeing this client since maternity leave. Client OK, just tired and stressed. They are building a house so financials and COVID restrictions are delaying the process. Client feeling tired and profoundly missed his treatments. Returned today for the first time after

my maternity leave. Today we did a full body massage. Upper body really ti as they are stressing out with the construction of the new home. DK

5th Oct 21. Client has had a fracture on his L elbow but seems to be healing ok. Has seeing a doctor but arm is not immobilised as client doesn't want to. BNS treatment to get rid of his N tension and hopefully support his sleep. DK

2nd Nov 21 – Elbow doing fine. No major issues only tired. Client has lost weight as they are doing a lot of physical work preparing the current house to put on the market. Full body massage with focus on posterior part of the body. DK

23rd Nov 21. Client please do have a treatment sooner. Today we focus on the PBM to support him with his physical work around the house. LB particularly ti bi but released only with TrP. Discussed alternative stretches and flossing techniques to avoid nerve impingement. Similar exercises were prescribed previously. DK

27th Dec 21 – Client exhausted from Xmas/boxing day celebrations, and having to focus on celebrating and uncertainties of the year ahead moving houses, selling old house etc. Full body relaxation massage. Client nearly fell asleep. DK

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Intake Forms

Upcoming Appointments

Past Appointments (2)

3:00pm 4:00pm	Thursday, October 12, 2017 Kim Liddle Inner You Daniela Kurt Paid	60min
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1:30pm 2:30pm	Monday, October 2, 2017 Kim Liddle Inner You Daniela Kurt Marion Volk's husband 90 Empire Ave Wembley Downs Paid	60min
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