Client History and Consent **Personal Information** Date of Birth: 23-01 lano Email Secreta Emergency Contact: Quan How did you hear about me? ___ **Massage Information Medical Information** Yes No Yes No Have you had a professional massage before? Are you taking any medications? If yes, please provide details: What is the main reason for your visit? _ Perindopril What type of massage are you seeking? Do you have any allergies / sensitivities? ☐ Yes ☑ No If yes, please provide details: ☐ Relaxation ☐ Therapeutic/Deep Tissue Other: ☐ Yes ☐ No Are you pregnant? If yes, please provide details? What pressure do you prefer? Any high risk factors? Are there any areas (feet, face, abdomen, etc.) you do not want ☐ Yes ☑ No Do you suffer from chronic pain? Please provide details: Legs If yes, please explain: _ What makes it better? What are your goals for this treatment session? What makes it worse? Please circle any areas of discomfort: Please indicate any of the following that apply to you: ☐ Headaches/Migraine ☐ Varicose Veins ☐ Skin Condition □ Numbness/Tingling ☐ Diabetes ☐ Fibromyalgia ☐ Osteoarthritis High/Low Blood Pressure ☐ Osteoporosis ☐ Heart Condition ☐ Fracture ☐ Stroke ☐ Joint Replacement(s) ☐ Kidney Dysfunction ☐ Sprains/Bruising/Swelling ☐ Blood Clots ☐ Inflammation ☐ Cancer ☐ Spinal Problems ☐ Infectious Disease ☐ Whiplash □ Other Please provide details for any conditions selected above: Please turn over

Your Consent

By signing this form, I confirm that I understand:

- Massage therapy involves touch directly on the skin, oil(s) may be used.
- All documentation completed in relation to my treatment will remain confidential to my Therapist.
- My Therapist is not qualified to give a medical diagnosis and does not offer any cure or alternative to medical treatment.
- I may withdraw my consent at any time by written notice to the Therapist.

I have completed this form to the best of my knowledge and stated all my known medical and physical conditions. I understand that whilst massage is generally beneficial, there are some medical conditions which may be contraindicated for massage. I, therefore, acknowledge it is my responsibility to inform my Therapist, prior to the commencement of any future treatment, of any changes to my medical or physical health status.

I consent to the initial and ongoing consultations with the Therapist. I agree that this consent form will remain active for future visits to the Therapist unless I otherwise notify the Therapist in writing.

Client Signature:

Date: 21. 2. 23