



inner  
blue.

RELAX · INDULGE · ENJOY

Personal Details

Consultation Form

Name: Jeanette Proudfoot  
Phone: (Home) \_\_\_\_\_ (Mobile): 0407 421 457 Address: 4113 Treen Close, High Wycombe  
Date of Birth: 29.5.78 Email: jeanette-whatmail.co.uk  
Occupation: \_\_\_\_\_ Do you know the time of your birth? \_\_\_\_\_ Location: \_\_\_\_\_  
Next of Kin/Emergency Contact (Full Name): \_\_\_\_\_ Hobbies: \_\_\_\_\_ Phone/Email: \_\_\_\_\_

Health Details:

Initial Reason for Treatment (relaxation, sports injury, muscle soreness etc.): \_\_\_\_\_  
Medication in use (for example, steroids, HRT etc.): \_\_\_\_\_  
Are you Pregnant? N/A or Y/N Due Date: \_\_\_\_\_

Health Conditions/Symptoms – please tick

High/low blood pressure	Diabetes	Other conditions (Please specify)
Cancer	Epilepsy	
Respiratory conditions	Contagious skin conditions	
Heart Conditions	Recent Pregnancy	
High Cholesterol	Varicose Veins	
Thyroid	Allergies	
Thrombosis/Phlebitis	Poor Circulation	
Digestive problems	Kidney/bladder	
Stress	Arthritis/rheumatism	
Emotional Problems	Menstruation Problems	
Depression	Infertility	
Insomnia	Hormonal Problems	
Migraine/Headaches	Fluid Retention	
Backache	Cellulite	
Other Conditions	Overweight	

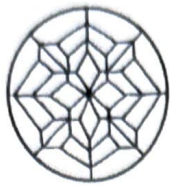
Lifestyle/Diet – please circle Y/N and describe details, if possible.

Smoking Y/N – how often?		PAST 12HRS (if applicable)	
Exercise Y/N – how often?		Fever	Y/N
Alcohol Y/N – how often?		Diarrhoea	Y/N
Water Y/N – how much per day?		Vomiting	Y/N
Tea Y/N how much per day?		Contagious Illness	Y/N
Coffee Y/N – how much per day?		Under influence drugs/alcohol	Y/N
Vegetarian/Vegan Y/N		Others not mentioned	

Formal Consent

I understand that the services received today, Massage Therapy, Beauty Therapy, I receive is provided for the basic purpose of relaxation, stress reduction and muscular tension and most important pure enjoyment. I further understand that the massage, skin treatment, and any other aspects relating to today's treatment should not be construed as substitute for medical examination, diagnosis, or treatment in any manner. The treatments performed today do not take the place of medical treatment where needed. If you are in doubt, please consult your doctor or physician.

Date: 29/6/17 Name: Jeanette Proudfoot Signature: \_\_\_\_\_



inner  
blue.

RELAX · INDULGE · ENJOY

Notes (Office ONLY)

20/6/17 - Full body massage 90min session. No ~~major~~ major issues apart from being exhausted. She is doing good after recovering from breast cancer history; also previous history of nose surgery.  
note: fearnell asked me prior to booking if I was still "practising"  
The new owners of Massage on the run advised I was not.