

Consultation Form

Personal Details

Name: STEVEN PHILLIPS Address: 142 ST STEPHENS CTS - TAPPIN
 Phone: (Home) 92002 (Mobile): 0407727751 Email: STEVEN@STSTEPHENS.COM
 Date of Birth: 24/12/1976 Do you know the time of your birth? Yes Location: KINGSTON
 Occupation: RETAIL Hobbies: SPEECH
 Next of Kin/Emergency Contact (Full Name): MICHAEL PHILLIPS Phone/Email: _____

Health Details

Initial Reason for Treatment (relaxation, sports injury, muscle soreness etc.): back & shoulder
 Medication in use (for example, steroids, HRT etc.): ANTI-DEPRESSANT & COLESTRA
 Are you Pregnant? N/A or NO Due Date _____

Health Conditions/Symptoms - please tick

High/low blood pressure	Diabetes	Other conditions (Please specify)
Cancer	Epilepsy	
Respiratory conditions	Contagious skin conditions	
Heart Conditions	Recent Pregnancy	
High Cholesterol	Varicose Veins	
Thyroid	Allergies	
Thrombosis/Phlebitis	Poor Circulation	
Digestive problems	Kidney/bladder	
Stress ☒	Arthritis/rheumatism	
Emotional Problems	Menstruation Problems	
Depression	Infertility	
Insomnia	Hormonal Problems	
Migraine/Headaches ☒	Fluid Retention	
Backache ☒	Cellulite	
Other Conditions	Overweight	

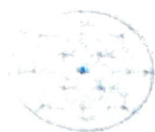
Lifestyle/Diet - please circle Y/N and describe details, if possible.

Smoking <u>Y/N</u> - how often?		PAST 12HRS (if applicable)
Exercise <u>Y/N</u> - how often?	<u>WEEKLY</u>	Fever <u>Y/N</u>
Alcohol <u>Y/N</u> - how often?	<u>FOUR TIMES</u>	Diarrhoea <u>Y/N</u>
Water <u>Y/N</u> - how much per day?	<u>1 LITRE</u>	Vomiting <u>Y/N</u>
Tea <u>Y/N</u> - how much per day?		Contagious Illness <u>Y/N</u>
Coffee <u>Y/N</u> - how much per day?	<u>2 CUPS</u>	Under influence drugs/alcohol <u>Y/N</u>
Vegetarian/Vegan <u>Y/N</u>		Others not mentioned

Formal Consent

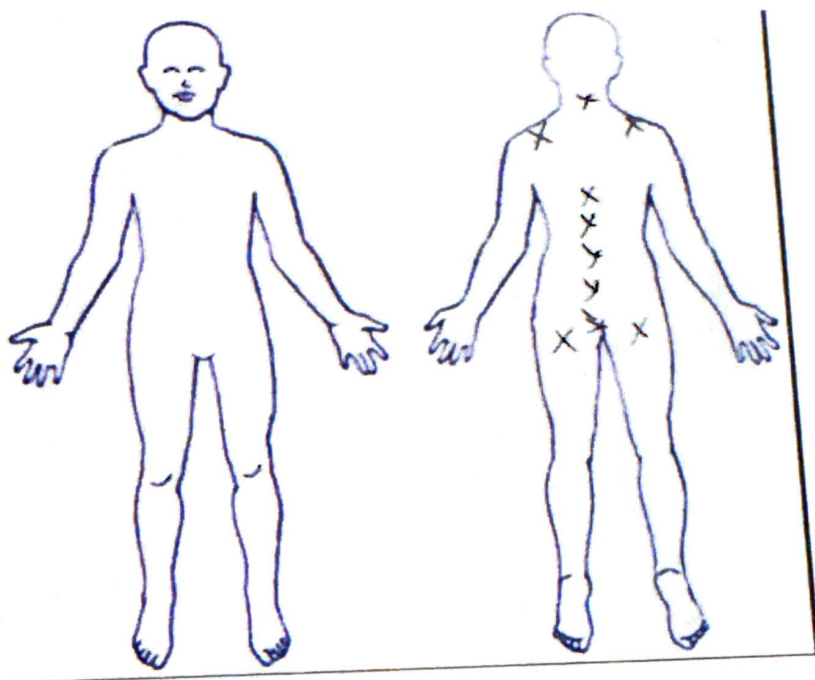
I understand that the services received today, Massage Therapy, Beauty Therapy, I receive is provided for the basic purpose of relaxation, stress reduction and muscular tension and most important pure enjoyment. I further understand that the massage, skin treatment, and any other aspects relating to today's treatment should not be construed as substitute for medical examination, diagnosis, or treatment in any manner. The treatments performed today do not take the place of medical treatment where needed. If you are in doubt, please consult your doctor or physician.

Date: 28/2/20 Name: STEVEN PHILLIPS Signature: [Signature]



Physical Assessment (Office ONLY)

Main Observations(Office ONLY)



Consultation Form – Notes (Office ONLY)

Name: _____ Address: _____

2/8/24 - notes in my appt

