

Balanced Health Solutions P/L

19 Walker Street, Castlemaine VIC 3450

t 0425 880 626

lesleylikens@gmail.com

Dr Lesley Likens (Osteopath)

BSc/MHlthSc(Osteopathy) Prov. No: 1651491H

Melanie Blower

Care Partner

Trilogy Care

13 February 2025

To Melanie,

Re: Marie Scott

(DOB:31 Oct 1930)

11 Nelson Street,

Maldon VIC 3463

Mobile: 0422 504 219

I am Lesley, the osteopath supporting your client, Marie Scott, with weekly remedial massage treatments. I am writing to recommend the purchase of a Zedere Chair (Product code: ZED-LARS-FOS).

Marie suffers from age-related vascular insufficiency in both legs for which she has been prescribed to wear compression stockings to mitigate the resulting oedema. However, due to a fall she suffered in November 2024 in which her left humerus was fractured, Marie is now unable to pull on the compression stockings unassisted. Healing time is extended due to Marie's advanced age, so despite 12+ weeks of healing time, her arm is still quite painful. She finds great difficulty performing routine tasks which require activating muscles in that arm.

The Zedere Chair provides a viable alternative to the compression stockings for managing Marie's oedema by allowing her to easily elevate her ankles at or above hip height while she is sitting. This chair can be adjusted with Marie's bodyweight alone without the need for pushing or pulling of levers which she finds quite difficult due to her recent fracture as well as due to the osteoarthritis she suffers throughout her body.

I highly recommend the purchase of the Zedere Chair to support Marie's continued healing and wellbeing.

Please feel free to contact me via phone or email if you have any queries.

Kind Regards,



Dr Lesley Likens