

The Blood Requirements

The Metabolic Balance plan generation requires every client to complete a blood draw for the **essential 35 blood parameters**.

This may be either completed privately or through your GP.

Haemoglobin

RBC

Haematocrit

MCV

MCH

White cell count

Neutrophils

Lymphocytes

Monocytes

Eosinophils

Platelets

Sodium

Potassium

Urea

Creatinine

Urate/Uric acid

Glucose (fasting)

Calcium

Total protein

Alk. Phos

Bilirubin

GGTP

AST

ALT

LD

Total cholesterol

HDL cholesterol

LDL cholesterol

Triglycerides

Creatine Kinase

Serum Iron

Amylase

C-reactive protein

TSH

Lipase

ADDITIONAL MARKERS:

*Insulin (fasting)

HOMA-IR score

*Vitamin D

*HbA1c

T4, T3,

TPO, TGA

*Active B12

*Serum Folate

Serum Magnesium

Serum Zinc