

**From:** Sabrina Batshon celeste.sb@yahoo.com  
**Subject:** Re: Services  
**Date:** 5 February 2025 at 12:52 PM  
**To:** health@michellehookham.com.au

SB

Pls add this to your notes

The email I received yesterday presents you to be a fair woman who was verbally attacked by a client over a week ago

A woman who is advocating for herself in an unfair situation placed upon you

A woman who knows clearly that she NEVER wishes to be treated in the horrible alleged way you claim you were treated by me on the 26th of Jan last month.

A woman who by no means could associate with someone who could speak to you So badly and who could not fathom being treated as such EVER AGAIN!

These are strong notions and decisions.

This notion came up POST my complaint

This notion has arisen coincidentally AFTER the client had resourced herself with support for a session with you because of your conduct on the 26th.

This notion that you had discovered AFTER you expressed a willingness of the contrary regarding engagement with me.

le...

Sending me a zoom link for a regular session.

Replying with a soft apology to my initial advocacy in text.

It would be evident judging by the time line of communication between us that the decision and position of you (MICHELLE) being a victim in this dynamic was birthed AFTER you were confronted by your misconduct.

I'll further add and clarify it was brought to my attention that the accusation of being verbally attacked on the 26th of Jan by me Sabrina batshon was not addressed prior to my complaint about that session.

I raised the issues in a message on the 27th of January and verbally on the 3rd of February to which you did not claim abuse.

I nominated a carer to be present to discuss the 26th of January in our session on the 3rd of feb because of the mis treatment I received from YOU in that session.

The carer expressed her concerns regarding your methods of communication toward me.

Prior to your decision yesterday the 4th of February

You engaged as normal.

You DID NOT Raise this prior to my complaint about your conduct

You were willing to engage in therapy POST the 26th incident

AFTER allegedly being verbally attacked by me.

You did not present as someone who was definitively incapable of providing service to such an alleged (abusive client)

I am not struggling with your decision

I am just highlighting your attempt to shift blame onto your client in order to evade accountability.

And wanted to have this in writing as facts of the matter to eradicate your attempts to yet again shift the blame onto me

I just wished you exited support cleanly and honestly.

I do not expect a reply just want it noted as I'll keep in my emails also.

Thank you Michelle.

I've attached a screen shot of your response post you being (allegedly attacked by me )

12:45



28%



Michelle Ho...



take the ridiculous amount of stress

I'm under by doing all I can do which is

I'm under by doing all I can do which is to inform my supports of what I'm needing and what's causing the anxiety.

Thanks Michelle.

Hi Sabrina. I didn't address the other parts of your message as I thought we had addressed that during the conversation by phone. I'm very happy to discuss further at our next consultation, as I don't think it's good to have text conversations for such matters. I hope you're feeling a bit better today, Michelle

8:21 am



Text messages





text message



By this stage in this message you were (allegedly a victim of verbal abuse! )

This message was before the 3rd \*where you were confronted by my complaint and before the 4th where you express a pendulum swing of being absolutely incapable of engaging because of the way I had treated you the week before.

Food for thought

[Yahoo Mail – Email Simplified](#)

On Tue, 4 Feb 2025 at 11:54 pm, Sabrina Batshon  
<celeste.sb@yahoo.com> wrote:

Bye Michelle

I will not attest your decision

I expected it and I understand why you have made this decision.

I believe the last year we have hit a wall in the treatment and it's been very confronting for you.

I've had to have my team have to come together as a collective in a meeting to ask you questions about the treatment given my rapid decline from it and I know that was confronting for you.

I've had other providers and supports urge me for a while now to explore other practitioners in your field given the stagnation in our relationship and my growing fear of engagement due to you being argumentative and disproportionately challenging.

I needed this push from you to do what I couldn't which was to get a second opinion.

You have on numerous occasions asked me if moving forward toward together was beneficial for me and I saw this coming for along time.

I benefited greatly in the early periods of our treatment when you were receptive and hopeful for my recovery and for that I am grateful

I am grateful for the role you played in my life in those years and how you supported me with gentleness and kindness then.

I think it is evident that you are longer a good fit given my need to have support workers present in on our sessions to feel heard seen and validated in your presence.

So you've made a intuitive decision as I wasn't wanting to give up even though I knew you couldn't help any more so thank you.

I regret you feeling the need to project the mistreatment within our call on the 26th onto me in order to justify your departure from treatment.

I did not swear at you or name call .I simply told you that the timing of the question given my practise in taking precautions Around my management of care to my son during therapy is notoriously a concious one.

I further expressed whilst crying that i felt that it was insensitive given the context of the issue I was just sharing with you at the moment.

I have communicated this to other members of my team and they understood and empathised with me and one of them actually shared their opinion directly to you over a zoom meeting as I was afraid of how my words were being twisting in sessions and wanted a witness so you could not make accusations without a witness present.

Again I get that this would be difficult for you to handle and you would have felt cornered and unable to respond organically knowing the session was monitored.

The collective in my team recognised your resistance and defensiveness when it came to you taking accountability in our group meeting and this is just another one of those times. I think you were referred to as argumentative and I can see that your not able to recognise this so there is no moving forward with you.

Thank you for the well wishes

I too wish you and your family all the best

Regardless of how this has ended I want to reiterate that am still grateful for the help you provided when we first met I don't think I'd be here today without having had that support from you... at the time. You were truly an angel.

And I will want to hold onto that image of you ..rather than the current.

Thank you Michelle xx

Sincerely Sabrina

[Yahoo Mail – Email Simplified](#)

On Tue, 4 Feb 2025 at 4:36 pm, Michelle Hookham  
<health@michellehookham.com.au> wrote:

Dear Sabrina,

As discussed yesterday, I have given our recent communications a lot of thought and explored further during clinical supervision today as I said I would.

I have reached the conclusion that I am no longer able to help you, as I consider it to be outside my scope of practice.

Some time ago I said i would inform you upfront should this time come, and i respectfully do so now.

You have a psychologist and NDIS supports that you value and trust, and I leave you in their very capable hands.

I will write to Baerbel also and let her know that I am formally handing over care.

I ask that you respect my decision. It is final and I do not wish to engage in any further discussion about it.

Should you respond to this email, I will file it with your notes, but please know that I won't engage in further email, phone or text message responses.

There is one other matter that I would like to provide you with feedback about and regret not doing so yesterday.

During the consultation on the 26th of January, your response to my asking if Eric was in hearing range was a verbal attack. It was concerning that you thought it ok to speak to me like whilst I was acting on my duty of care. I choose not to be spoken to like that and do not wish to be spoken to like that by anyone ever again.

I sincerely wish you and Eric all the best for the future.

Regards,

Michelle

12:45    •

   28% 



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