

Prescription Schedule: Ella H. Round: 2 Date: 29/1/25

Treatment Focus NOW: Anxiety, Dysmenorrhea, gut support, nutrition
(headaches = barometer sympt.)

NEXT: Gentle detox - oabx, childhood vacc, anaesthetic (Alum. dx)

Packet	Remedy	Potency	Dial up	Dosage (8 wks)	Treatment
1a	Acon.	10MM	2557	1/fortnight	NBWS childhood
1b	Puls.	10M		1/fortnight	alt. w 1a
(2)	STG+HE	200C	135567	} Daily in water bottle	M/E support anxiety hormonal bal. changeable sypts.
	+ AAA	10M	M		
	+ Sepia	200C	8725		
	+ Puls.		5556		
	Nutrition combi	} 200C	M	} Take before dinner	Nutrition
	+ Alfalfa		21309		
	+ Mag-p.		4382		
	+ Omega		86007400		
	+ Glycerine		13378		
	Brown rice	200X	6727857	}	Cult support
	Syl-co	} 30X	948730		
	Ph-al.		6928		
	Sil.		9254		
	Earthworm		6822058		
(Support)	AAA	10M	M	a/n (up to 3 @ a time for severe attack cont. every 15-60 mins until symptoms improve	Anxiety attacks

Notes