

*b-wks

~~Force~~ Inforce.

Marcha de Kad

20/01/25

* [See text notes J.

Stim improving - less itchy - still goosebun (by dry patches.

* Miracles - 4x migraine support. worked perfectly - dissipated completely. Max doses.

Miracle to be removed soon (early March) before that (19yrs) - heavy

* bleedily - painful heat 7 or more ~~than~~ days. - char - migraines - clotty large fleshy + fibrous.

* Scared J. - worried.

→ 19 on pill → adenomiosis poss endometriosis

March 16yo + dysmen + heavy from *

* start but more painful w. acne @ 18/19yo

* HPV detox ~~then started~~. [Thrush / Candida J.

* Not holding onto irritations as long as before - less after dead detoxive short fused