

Maya

~~IS~~men Invoice

13/1/25

Another attempt Fri 10th —
last week not great — felt
pressure on self (Anxiety) →
Depression. (Mood).

[Include Anxiety Dep supp pkt.]

Internally overwhelmed.

[Attention - ~~seeks~~ ← "over"work]

Increase in anti-depress. meds.

Seeing psych tomorrow.

Completed IV treatment.

(S.S. bipolar.)

Down flat — elevate + ~~if~~
Stabilise mood
— look @ lithiums
+ hormones
like dopamine.