

Treatment Focus NOW: Cont. to support shingles pain, ↓ tension, ↓ NS, ↓ worries
 cont to support M/E
 NEXT: MS symptoms
 Detox Vacc. (covid/shingles) + meds
 FUTURE: ↑ potency next round if all ok.

Packet	Remedy	Potency	Dial up	Dosage (8 wks)	Treatment
①	STC + HE + Kigelia + Plur.	10M 200C 30C 12C 30C 12C (9/1/25)	135567 557775 3467	Daily alt. 1/wk or 1 every 2nd/Sat day as tolerated	M/E agg. skin symptoms reduced as stated
②	Caust. Con. Garc. Passi. Zinc Staph.	30X 12X 30X	6147 8182 57755 6629 12297 4139	Daily in water	Weakness MS symptoms, grief "dependency"
(Support)	Acon. Cham. Caust. Arn.	10M	2557 3643 6147 8687	q/n 1 every 15mins until symptoms improve	burning pain tightness itch M/E stress