



Consultation Form

Personal Details

Name: LUCLECIA CRITTENDEN Address: 60 SANTIAGO PARKWAY
Phone: (Home) _____ (Mobile): 049006722 Email: lucleciaj.santos@gmail.com
Date of Birth: 13/11/1988 Do you know the time of your birth? _____ Location: Goiana
Occupation: Business Manager Hobbies: _____
Next of Kin/Emergency Contact (Full Name): _____ Phone/Email: _____

Health Details:

Initial Reason for Treatment (relaxation, sports injury, muscle soreness etc.): _____
Medication in use (for example, steroids, HRT etc.): _____
Are you Pregnant? N/A or Y/N Due Date _____

Health Conditions/Symptoms – please tick

High/low blood pressure	Diabetes	Other conditions (Please specify)
Cancer	Epilepsy	
Respiratory conditions	Contagious skin conditions	
Heart Conditions	Recent Pregnancy	
High Cholesterol	Varicose Veins	
Thyroid	Allergies	
Thrombosis/Phlebitis	Poor Circulation	
Digestive problems	Kidney/bladder	
Stress	Arthritis/rheumatism	
Emotional Problems	Menstruation Problems	
Depression	Infertility	
Insomnia	Hormonal Problems	
Migraine/Headaches	Fluid Retention	
Backache	Cellulite	
Other Conditions	Overweight	

Lifestyle/Diet – please circle Y/N and describe details, if possible.

Smoking Y/N – how often?	PAST 12HRS (if applicable)
Exercise Y/N – how often?	Fever Y/N
Alcohol Y/N – how often	Diarrhoea Y/N
Water Y/N – how much per day?	Vomiting Y/N
Tea Y/N how much per day?	Contagious Illness Y/N
Coffee Y/N – how much per day?	Under influence drugs/alcohol Y/N
Vegetarian/Vegan Y/N	Others not mentioned

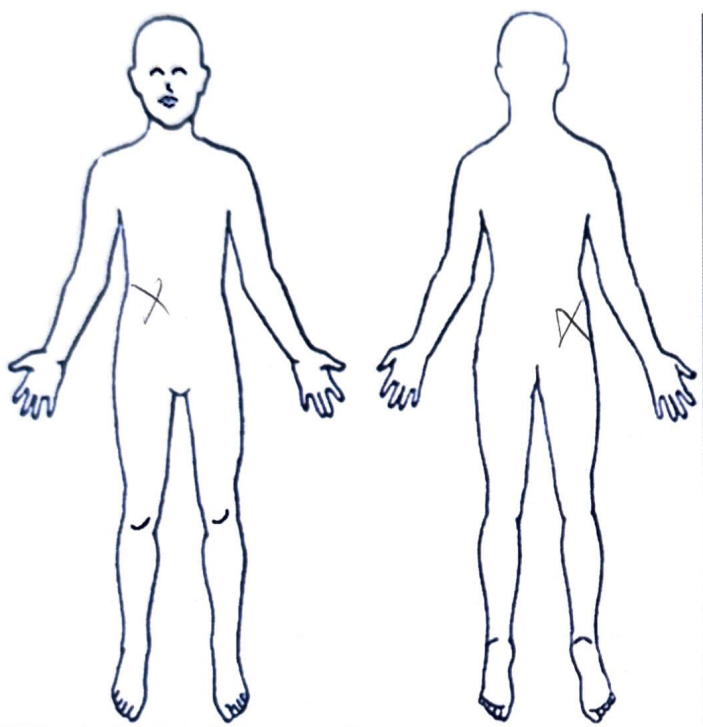
Formal Consent

I understand that the services received today, Massage Therapy, Beauty Therapy, I receive is provided for the basic purpose of relaxation, stress reduction and muscular tension and most important pure enjoyment. I further understand that the massage, skin treatment, and any other aspects relating to today's treatment should not be construed as substitute for medical examination, diagnosis, or treatment in any manner. The treatments performed today do not take the place of medical treatment where needed. If you are in doubt, please consult your doctor or physician.

Date: 25/08/22 Name: [Signature] Signature: LUCLECIA CRITTENDEN

Physical Assessment (Office ONLY)

Main Observations(Office ONLY)



- LBP (R)
- Hx Back (P) mostly spasm on flexion
- TAx no neuro signs
- Rom wnx sh/N/ Hip flex due to (P)
- SIJL (+)
- Hb scour (+) (b)
- Hx whiplash 20 years ago

Consultation Form – Notes (Office ONLY)

Name: _____ Address: _____

25-8-22 - PBM w/ hamstrings (b) (b); glute (b) (b)
 (P) B (LB, Tx | Cx) (fu) all released w/ mFR. client
 sensitive to pressure; gave samples of function &