

* Bladder + bowels affected "by shingles"

* 8-11/25 Kim Gilbert

16/12/24

② caused aggravation of all
L-side-symptoms — other approach

* [Dull] [Kalmia for skin?]
passiflora
lateranag

③ — felt good on th at. (R)
(physically)

- Penaplo as needed.

* Contractile
tension

- On Lurica for 2 yrs+++

- Botox into each leg

- 1/4 Tamazepam for sleep.

- Laxatone for BMs

MS after death

* focus M/E. — Mom of 22 yrs
ago — she was the warpl to U
me. Brother + Dad both dead
— only me left.

Cign J
CSTPH

* Husband v. difficult
↳ bottle lots up
↳ keep the peace



↳ Completely avoids questions J.

* Worries about everyone

↳ "Hate"

↳ Constant stress, tension + heart

↳ MS + Nerves

↳ Only want a happy,
quiet life.

* "I can't do anything ... about anything"
"I can't bear discomfort"