

Prescription Schedule: Marie Haig

Round: 1

Date: 5/12/24

Treatment Focus NOW: Anxiety, Stress, resentment, not belonging
constipation, burnout, brainfog, dizziness, headaches
NEXT: ? (detox) consider Buddleja. FUTURE: lethargy NS repair.

Packet	Remedy	Potency	Dial up	Dosage (6 wks)	Treatment
①	Nat-m.	10M	6243	1/wk	M/E + physicals.
②	Secusalt Rhodocrosite Carc. Thymus G1. Stress repair + Sepia	200C Th. bl. 10M	78839 4456 57755 29835 M 8725	80S	Cure, resentment, guilt. not belonging pain hr ca. fear, mortification healing
③	Sleep support + cocc.	30C	M 1604	1x @ bedtime repeat if woken	Sleep support
(Support)	Blue Anac. Arg-nit. Ambr Gris	10M	54675 3185 4985 6903	a/n 1 pillule every 15 mins a/n.	Anxiety fear + panic