

(28) Ashley Fages - initial 3/12/24

lyo boob - breastfeeding - feel good in comparison to when really sick.

Fatigue - (overall health) - $\leq 1pm$
feels sluggish, exhausted, foggy
scattered $\rightarrow$ coffee
Adrenaline

[Depression]

Anxiety - $\pm 2/week$ - $\leq$ son's health -

[Fear for son's health] - wave then
- burning stomach - fear something bad will
- nervous short breath
- reassured
- music
- exercise
happen to son (closed on his).
I worry $\leq$ more house.

Crew sick - they won't get better $\rightarrow$...

[Runner at all]. $\leftarrow$ It's my fault

Gut issues

I'll do something
wrong to
hurt
Crew.

[Lack].

[CARC J. (face) [Calc J.

Sleep - restless / restless legs -

[History of CFS/ME J.

Last 3 yrs - Germany $\rightarrow$ Lyme's treatment
(see notes - details)

[Life was zone J

Health greatly declined
after. (2)

[Ignored / Del. neglected]

Gen health - coeliac (NBS
14yo (naturop)

→ currently ← gluten
(allergic)
↳ diarrhoea, bloating, pain,
cramping, sweating
[Inflamm]

19yo - sexual assault [Release
lots of dr-ing Abuse
to cope Protocol]

16/17yo accident is [Nutrition]
[Soccer - fractured
both ankles - brain
inflamed/swollen -
nerve damage]

Can't remember much
of childhood - Christy's
doper, Hargl when brother
left to college.

Pressure from parents for
her to fit their mould
- felt left by brother
- felt not heard / seen / understood
- felt like Mom's caretaker
→ loss + stress

Massive medical history - Liver
+ Hepatitis
IVIG treatment. Just finished
breastfeeding.

+ Bartonella.
Hymes - NBWS eye (no physical
bite)
Young child - often felt sick
+ stayed home from school
- recurrent bronchitis -> then
body aches * Croup + ear infections XN.

Struggled @ school - dysl. / ADHD

Vaginal birth - ~~blue~~ blue (not pink)
+ suction
+ mechanism

Teens - felt no
understanding
"being dramatic" -
body aches, exhausted but
still played sport - got
progressively worse in 20's.

Diff. regulating emotions @
teen - distrust self / gut
instincts real.

Early 20's - college + travel -
* parasitic in Ab. Nicar. -
-> HIV etc ->
CSUT