Prescription Schedule: Ella H. **Round:** 1 **Date:** 29/11/24

Treatment Focus NOW: Anxiety, Dysmenorrhoea, allergies, gut support
* use headaches as barometer symptom.

NEXT: (Detox oabx, childhood vacc, anesthetic) (Alum dx) **FUTURE:** (consider intercurrent puls. next round)

Packet	Remedy	Potency	Dial up	Dosage (6 wks)	Treatment
1	Acon.	10M	2557	1 / wk	NBWS childhood (increase to 10MM if no reaction)
2	STG+HE	200C	135567	Daily in water bottle	M/E support hormonal & changable symptoms.
	+ Sepia		8725		
	+ Pulo.	30C	5556		
3	Nutrition combi	200C	M	1x night @ bedtime	Nutrition
	+ alfalfa		21309		
	+ Mag-p.		4382		
	+ Omega		8600 7400		
	+ Glycerine		13378		
	Brown rice	30X	6727857		Gut support
	Syc-co		948730		
	Ph-ac.		6928		
	Sil.		9254		
	Earthworm		6822058		
(support)	AAA	10M	M	a/n (upto 3 @ a time for severe attack)	Anxiety attacks
(support)	Allergies	10M	M	a/n	return of old symptoms - eczema

Notes