

Dr Neelya Agalawatta BMed MPsychiatry FRANZCP

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25th November 2024

Dr Sukhvinder Virk Richmond Market Place Medical Centre 78 March Street Richmond 2753

Phone: 0245784800 Fax: 0245783300

> Sarah-Jane Loftus 1/32-38 East Market St NSW Richmond 2753 08/07/1971 53 yrs

Updated Plan for Medication Changes

Sarah-Jane and I spoke briefly today by telephone. Due to the effects of the medication change thus far we have altered the plan as follows:

Switch duloxetine to sertraline

Reduce duloxetine from 60mg in the morning to 30mg in the morning. Continue this for **four weeks**, then stop duloxetine. After two days without duloxetine, start sertraline 25mg in the morning. After two days, increase sertraline to 50mg in the morning. Then after a further seven days, increase sertraline to 100mg in the morning

Reduce mirtazapine to from 30mg to 15mg

Yours sincerely,

Dr Neelya Agalawatta BMed MPsychiatry FRANZCP