

Email sent to Dr Jennifer Bowler, Seacliff Healthcare, Thirroul. 28/11/24

Dear Jennifer

Thank you for referring Amber Croft, DOB: 07/03/1982 for assistance with weight loss.

Since 30/9/24, Amber has been following a genetic & epigenetic precision health program, which has provided her with a sustainable personalised nutrition and lifestyle approach to weight loss.

As at 08/11/24, she has lost 5kg in weight, 5 cm decrease from chest circumference, 9 cm decrease from waist circumference, and reports she is feeling more energetic and sleeps better.

Amber continues to follow these recommendations.

Please also note that as I am an accredited nutritionist, not a dietitian, patients cannot claim from Medicare or Healthcare Plans for my services. They may, however, claim from some private health funds. Amber was aware of this prior to booking with me, and chose to engage my services as a nutritionist privately.

If you require any further information about Amber's progress or my approach, please contact me.