

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)

Visit Information

Provider Information
Encounter Provider
Stopani, Erin, CNM

Department			
Name	Address	Phone	Fax
PAN AMERICAN OBGYN	6100 PAN AMERICAN FRWY NE #450 Albuquerque NM 87109-3460	505-823-8787	505-823-8788

Progress Notes

Progress Notes by Stopani, Erin, CNM at 10/2/2024 0930

Author: Stopani, Erin, CNM	Service: —	Author Type: MIDWIFE
Filed: 10/2/2024 4:11 PM	Encounter Date: 10/2/2024	Status: Signed
Editor: Stopani, Erin, CNM (MIDWIFE)		

Subjective:

Subjective

Patient ID: Jocelyn L Winter is a 33 y.o female.

Chief Complaint:[ES.1T] annual
HPI[ES.1M]

Jocelyn L Winter presents today for an annual gynecologic exam.
She is working[ES.1T] as an[ES.2M] interior designer[ES.1M], has[ES.1T] no[ES.1M] children[ES.1T]; unsure if she had an SAB in June 2022 - a week after a positive[ES.1M] home hcg had bleeding and cramping - no medical FU[ES.2M]. Last pap was[ES.1T] 2020[ES.1M], hx abnormal[ES.1T] - none[ES.1M].
Menstrual periods are[ES.1T] regular; consistent. Heavy x 3-4 days, then spotting for a couple more days[ES.1M].[ES.1T] Some cramping, breast tenderness, and moodiness.[ES.1M] Intermenstrual bleeding is absent.
Birth control method is[ES.1T] nothing; hadn't ever been on anything. Started trying to conceive[ES.1M] in[ES.2M] 2021. Started tracking with app and urine hormonal test strips in March/April 2024. Inito[ES.1M] app - with review shows LH surge in March/April, April/May, June/July, and Sept/Oct. Apparent ovulation with timed SIC every other day before LH surge through ovulation period 4 out of the last 7 months.[ES.2M]
Patient is sexually active.[ES.1T] One[ES.1M] partner. Together for[ES.1T] 6 years[ES.1M]. Last tested for STIs[ES.1T] in 2020.[ES.1M]
Dietary habits:[ES.1T] has been struggling for a long time; has fructose intolerance - trying to balance that. Has been reintroducing fruits and veggies. Ha[ES.1M]d[ES.2M] been gaining weight the last few years, but back down 20[ES.1M]#[ES.2M] in this year[ES.1M] with nutrition and exercise.[ES.2M] ETOH:[ES.1T] none[ES.1M]
Cigarette/drug use:[ES.1T] none[ES.1M]
Exercise/Lifestyle:[ES.1T] usually 30 min walks daily; up to an hour[ES.1M] walk[ES.2M] or elliptical a few times a week; yoga[ES.1M] 15 mins daily - trying to get an hour of activity every day[ES.2M]

Family history of Breast, Ovarian or Colon Cancer:[ES.1T] Paternal Aunt with breast CA in 50s, no others[ES.1M]

History reviewed. No pertinent past medical history.
There are no problems to display for this patient.

History reviewed. No pertinent surgical history.

Family History

Problem	Relation	Age of Onset
• Diabetes	Mother	

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)

Progress Notes (continued)

- Heart Disease
 - Heart Attack
- Paternal Aunt
Paternal Grandmother

Social History

Socioeconomic History

- Marital status:
 - Spouse name:
 - Number of children:
 - Years of education:
 - Highest education level:
- Married
Not on file
Not on file
Not on file
Not on file

Tobacco Use

- Smoking status:
 - Smokeless tobacco:
- Never
Never

Vaping Use

- Vaping status:
- Never Used

Substance and Sexual Activity

- Alcohol use:
 - Drug use:
 - Sexual activity:
- Not Currently
Comment: rare
Never
Yes
Male

Current Outpatient Medications

Medication	Sig	Dispense	Refill
• cranberry fruit extract (CRANBERRY CONCENTRATE ORAL)	Take 2 tablets by mouth.		
• MULTI-VITAMIN ORAL	Take 1 tablet by mouth.		
• cetirizine HCl (ZYRTEC ORAL)	Take by mouth.		
• omeprazole (PRILOSEC) 20 mg capsule	Take 1 capsule by mouth daily.		
• metronidazole (FLAGYL) 250 mg tablet	Take 1 tablet by mouth 3 times daily.		
• doxycycline (MONODOX) 100 mg capsule	Take 1 capsule by mouth 2 times daily.		
• clobetasol (TEMOVATE) 0.05 % ointment	Apply topically 2 times daily.		
• triamcinolone (KENALOG) 0.1 % cream	Apply topically 2 times daily.		
• Lactobac no.41/Bifidobact no.7 (PROBIOTIC-10 ORAL)	Take 1 tablet by mouth.		

No current facility-administered medications for this visit.

Allergies

Allergen	Reactions
• Penicillins	Rash

BP 141/76 | Ht 1.727 m (5' 8") | Wt 117.5 kg (259 lb) | LMP 09/18/2024 (Exact Date)^[ES.3T]

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)**Progress Notes (continued)**

Review of Systems

Constitutional: Negative for activity change, appetite change, fatigue, fever and^[ES.1T] unexpected weight change (**up 40# in 4 years, then back down 20#**)^[ES.1M].

Eyes: Negative for visual disturbance.

Respiratory: Negative for cough and shortness of breath.

Cardiovascular: Negative for chest pain and leg swelling.

Gastrointestinal: Negative for abdominal pain, constipation, diarrhea, nausea and vomiting.

Genitourinary: Negative for flank pain, frequency, menstrual problem, pelvic pain and vaginal discharge.

Neurological: Negative for dizziness, light-headedness and headaches.

Psychiatric/Behavioral: Negative for^[ES.1T] dysphoric mood^[ES.1M]. The patient^[ES.1T] is not nervous/anxious^[ES.1M].

Psych Review of Symptoms:**Depressive Symptoms:**

No fatigue.

Elimination Symptoms:

No constipation.

Objective:

Objective

Physical Exam

Vitals and nursing note reviewed.

Constitutional:

Appearance: Normal appearance. She is well-developed.

Neck:

Thyroid: No thyromegaly.

Cardiovascular:

Rate and Rhythm: Normal rate and regular rhythm.

Heart sounds: No murmur heard.

Pulmonary:

Effort: Pulmonary effort is normal.

Breath sounds: Normal breath sounds.

Chest:**Breasts:**

Right: No mass, nipple discharge or skin change.

Left: No mass, nipple discharge or skin change.

Abdominal:

General: Bowel sounds are normal.

Palpations: Abdomen is soft.

Tenderness: There is no abdominal tenderness.

Genitourinary:

General: Normal vulva.

Labia:

Right: No rash or lesion.

Left: No rash or lesion.

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)

Progress Notes (continued)

Vagina: Normal. No vaginal discharge.
Cervix: No cervical motion tenderness, discharge or friability.
Uterus: Normal. Not enlarged and not tender.
Adnexa:
Right: No mass or tenderness.
Left: No mass or tenderness.
Rectum: Normal.

Musculoskeletal:
General: Normal range of motion.

Skin:
General: Skin is warm and dry.

Neurological:
Mental Status: She is alert and oriented to person, place, and time.

Psychiatric:
Behavior: Behavior normal.

Assessment:^[ES.1T]

Assessment

	ICD-10-CM	
1.	Encounter for routine general gynecological examination without abnormal finding, not otherwise specified	Z01.419 Hemoglobin A1c Lipid panel Comprehensive metabolic panel CBC Prolactin Thyroid screen Estradiol Follicle stimulating hormone Testosterone, total and free
2.	Cervical cancer screening	Z12.4 Pap smear Pap smear collection HPV high risk ^[ES.3T]

Plan:

Plan

Annual GYN exam:

- **Pap Smear and Breast exam done if needed:** (we reviewed Pap Screening Guidelines: Patient understands that, in most patients, we start Pap Smear Screening at the age of 21 and discontinue Pap Smears at the age of 65. She also understands that Pap testing is no longer needed on an annual basis and the intervals for Pap Smears will be individualized based on pap result history and personal risk assessment. We discussed HPV and cervical cancer risks.)
- **Offered GC/Chlamydia/Affirm cultures & STD screening:**^[ES.1T] declined^[ES.2M]
- **Contraception Counseling Performed** and R/B/A of Birth Control options discussed (See Counseling in HPI)^[ES.1T] discussed preconception in detail; with trying to conceive x 3.5 years, in her 30s, and irregular ovulation, discussed labs and considering referral to reproductive endocrinology for further management. Will start with labs and manage accordingly. Consider ovulation stimulation, if indicated.^[ES.2M]

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
Progress Notes (continued)

- Reviewed age appropriate preventive recommendations including dietary and exercise measures, cardiovascular and cancer risk reduction strategies and injury prevention.
- Patient was counseled regarding current breast and colon cancer screening guidelines.^[ES.1T]

5^[ES.2M] minutes were spent in chart review and prep.^[ES.1T] 30^[ES.2M] minutes of visit were spent face to face with patient for exam and counseling.^[ES.1T] 5^[ES.2M] minutes were spent in documentation.^[ES.1T]
 40^[ES.2M] minutes total time spent with coordination of care for^[ES.1T] well woman, pap smear, and preconception counseling/evaluation of irregular ovulation^[ES.2M], exclusive of procedure time.^[ES.1T]

Electronically signed by Stopani, Erin, CNM at 10/2/2024 4:11 PM

Attribution Key

ES.1 - Stopani, Erin, CNM on 10/2/2024 9:28 AM
 ES.2 - Stopani, Erin, CNM on 10/2/2024 3:49 PM
 ES.3 - Stopani, Erin, CNM on 10/2/2024 4:10 PM
 M - Manual, T - Template

All Procedure Orders
Pap smear collection [340370375] (Completed)

Electronically signed by: **Stopani, Erin, CNM on 10/02/24 0956**

Status: **Completed**

Ordering user: Stopani, Erin, CNM 10/02/24 0956

Authorized by: Stopani, Erin, CNM

Ordering mode: Standard

Frequency: Routine 10/02/24 -

Quantity: 1

Diagnoses

Cervical cancer screening [Z12.4]

Class: Provider Performed

Released by: Stopani, Erin, CNM 10/02/24 0956

Indications

Cervical cancer screening [Z12.4 (ICD-10-CM)]

All Lab Orders
Pap smear [340370374] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2377656_SQP MG	—	—	10/02/24 0956

Pap smear [340370374]

Resulted: 10/04/24 1206, Result status: Final result

Order status: Completed

Filed by: Interface, Res_Tr_In 10/04/24 1206

Collected by: 10/02/24 0956

Resulting lab: PRESBYTERIAN HOSPITAL

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Components

Component	Value	Reference Range	Flag	Lab
PAP Result	CASE: CPP- 24-033173	—	—	TRL

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)

Comment:

(NOTE)

PATIENT: JOCELYN WINTER

SPECIMEN: A. PAP SMEAR ThinPrep Liquid Prep with computer assisted and manual screening

SOURCE: Cervical, endocervical

CLINICAL HISTORY: Menstrual History: Not given, Contraceptive: Not given, Menopause/Postmenopause: Not Given, HPV Vaccine: Yes, Unk Doses, Reflex HPV if ASCUS: No, Other Clinical Info: Not given, Reflex CINTec Plus: No

 CYTOLOGIC DIAGNOSIS:
 NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY
 (cervical specimen source)

 SPECIMEN ADEQUACY:
 Satisfactory for cytologic evaluation.
 Insufficient or no endocervical/transformation zone component present.

 The Pap test is a screening test. A "normal" result does not completely exclude the presence of significant abnormalities.
 Periodic Pap tests are recommended to minimize the risk of cervical cancer.

 Steven C. Romero CT (ASCP). Cytotechnologist Electronically signed
 10/4/2024 10:24:45 AM Case interpreted at: Tricore Reference Laboratory
 1001 Woodward Place NE Albuquerque, NM 87102 CLIA ID: 32D0534957

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
87 - TRL	TRICORE REFERENCE LAB	Unknown	1001 Woodward Pl NE Albuquerque NM 87102	04/04/14 0945 - Present
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present

Indications

Cervical cancer screening [Z12.4 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

HPV high risk [340370376] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2377655_SQP MG	—	Cervix thin prep	10/02/24 0956

HPV high risk [340370376]

Resulted: 10/03/24 2210, Result status: Final result

Order status: Completed

Collected by: 10/02/24 0956

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Filed by: Interface, Res_Trl_In 10/03/24 2210

Resulting lab: PRESBYTERIAN HOSPITAL

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)
Components

Component	Value	Reference Range	Flag	Lab
Specimen Source	Cervix Thin Prep	—	—	CORE
HPV16	Negative	(NEG	—	CORE
HPV18	Negative	(NEG	—	CORE
HPV High Risk other	Negative	(NEG	—	CORE
HPV Comment	This High Risk DNA test is performed by real-time PCR.	—	—	CORE

Comment:

(NOTE)

 Other high risk types included in this test but not differentiated include:
 31,33,35,39,45,51,52,56,58,59,66,68.

All negative HPV test results should be correlated with a Pap Smear result.

Specimens of inadequate cellularity may yield a false negative HPV result.

Please recollect and retest if clinically indicated.

Reflex CINtec Plus?	NO	—	—	CORE
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Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Cervical cancer screening [Z12.4 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Hemoglobin A1c [340672983] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441507_SQP MG	—	—	10/05/24 0844

Hemoglobin A1c [340672983]

Resulted: 10/05/24 1418, Result status: Final result

Order status: Completed

Collected by: 10/05/24 0844

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Filed by: Interface, Res_Tri_In 10/05/24 1418

Resulting lab: PRESBYTERIAN HOSPITAL

Components

Component	Value	Reference Range	Flag	Lab
Hgb A1C	5.6	4.4 - 5.6 %	—	CORE
Est.Avg. Glucose	114	79.6 - 114.0 mg/dL	—	CORE

Testing Performed By

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Lipid panel [340672984] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441505_SQP MG	—	—	10/05/24 0844

Lipid panel [340672984] (Abnormal)

Resulted: 10/05/24 2154, Result status: Final result

Order status: Completed

Collected by: 10/05/24 0844

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Filed by: Interface, Res_TrI_In 10/05/24 2154

Resulting lab: PRESBYTERIAN HOSPITAL

Components

Component	Value	Reference Range	Flag	Lab
Triglyceride	75	<150 mg/dL	—	CORE
Comment: (NOTE) Lipid targets are based on desirable concentration cutoffs determined from fasting individuals. In nonfasting individuals, a non HDL cholesterol concentration greater than or equal to 200 mg/dL could indicate genetic hypercholesterolemia that requires further evaluation for a secondary etiology. If the nonfasting triglyceride concentration is greater than or equal to 500 mg/dL, a fasting lipid panel is strongly recommended.				
Cholesterol	169	<200 mg/dL	—	CORE
HDL	46	>40 mg/dL	—	CORE
LDL (calc)	108	<100 mg/dL	H ^	CORE
Comment: (NOTE) Total Cholesterol <200 mg/dL (Desirable) 200-239 mg/dL (Borderline High) >239 mg/dL (High) Triglycerides <150 mg/dL (Normal) 150-199 mg/dL (Borderline High) 200-499 mg/dL (High) >499 mg/dL (Very High) HDL Cholesterol Males: >39 mg/dL (Desirable) Females: >49 mg/dL (Desirable) LDL Cholesterol <100 mg/dL (Desirable)				

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)

100-129 mg/dL (Above Desirable)
 130-159 mg/dL (Borderline High)
 160-189 mg/dL (High)
 >189 mg/dL (Very High)

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Comprehensive metabolic panel [340672985] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441505_SQP MG	—	—	10/05/24 0844

Comprehensive metabolic panel [340672985]

Resulted: 10/05/24 2154, Result status: Final result

Order status: Completed

Filed by: Interface, Res_Trl_In 10/05/24 2154

Collected by: 10/05/24 0844

Resulting lab: PRESBYTERIAN HOSPITAL

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Components

Component	Value	Reference Range	Flag	Lab
Sodium	140	135 - 145 mmol/L	—	CORE
Potassium	4.5	3.5 - 5.2 mmol/L	—	CORE
Chloride	105	98 - 107 mmol/L	—	CORE
CO2	24	19 - 29 mmol/L	—	CORE
Anion Gap	11	<18 mmol/L	—	CORE
Glucose	91	60 - 100 mg/dL	—	CORE
BUN	12	7 - 25 mg/dL	—	CORE
Creatinine	0.70	0.50 - 1.04 mg/dL	—	CORE
Calculated eGFR	117	>60 mL/min/1.73m2	—	CORE

Comment:

(NOTE)

The eGFR is calculated using the 2021 CKD-EPI creatinine equation that does not use a race coefficient.

An eGFR based on creatinine concentration is only useful when renal function is stable. It is not suitable for individuals with unstable creatinine concentrations or extremes in muscle mass or diet.

Calcium	9.1	8.5 - 10.2 mg/dL	—	CORE
Total Protein	7.5	6.1 - 8.2 gm/dL	—	CORE
Albumin	3.6	3.3 - 5.2 gm/dL	—	CORE
Globulin	4.0	2.4 - 4.2 gm/dL	—	CORE
Bilirubin, Total	0.3	0.0 - 1.2 mg/dL	—	CORE

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)

Alk Phos	124	40 - 129 U/L	—	CORE
AST(SGOT)	25	10 - 40 U/L	—	CORE
ALT(SGPT)	28	10 - 40 U/L	—	CORE

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

CBC [340672986] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441507_SQP MG	—	—	10/05/24 0844

CBC [340672986] (Abnormal)

Resulted: 10/05/24 1239, Result status: Final result

Order status: Completed

Collected by: 10/05/24 0844

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Filed by: Interface, Res_TrI_In 10/05/24 1239

Resulting lab: PRESBYTERIAN HOSPITAL

Components

Component	Value	Reference Range	Flag	Lab
WBC	10.6	4.0 - 11.0 x10E3/uL	—	CORE
RBC	4.76	4.01 - 5.47 x10E6/uL	—	CORE
Hemoglobin	13.7	12.0 - 16.0 gm/dL	—	CORE
Hct	44	36 - 48 %	—	CORE
MCV	92	81 - 101 fL	—	CORE
MCHC	31.4	31.1 - 35.5 gm/dL	—	CORE
RDW	14.4	11.0 - 14.5 %	—	CORE
Platelets	409	150 - 400 x10E3/uL	H ^	CORE

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)
All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Prolactin [340672987] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441505_SQP MG	—	—	10/05/24 0844

Prolactin [340672987]

Resulted: 10/05/24 2154, Result status: Final result

Order status: Completed

Filed by: Interface, Res_Tr_In 10/05/24 2154

Collected by: 10/05/24 0844

Resulting lab: PRESBYTERIAN HOSPITAL

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Components

Component	Value	Reference Range	Flag	Lab
Prolactin	17.4	4.8 - 23.3 ng/mL	—	CORE
Comment: (NOTE) Reference interval is for non-pregnant females. Pregnancy, lactation, and the administration of oral contraceptives can increase prolactin concentrations.				

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Thyroid screen [340672989] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441505_SQP MG	—	—	10/05/24 0844

Thyroid screen [340672989]

Resulted: 10/05/24 2154, Result status: Final result

Order status: Completed

Filed by: Interface, Res_Tr_In 10/05/24 2154

Collected by: 10/05/24 0844

Resulting lab: PRESBYTERIAN HOSPITAL

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Components

Component	Value	Reference Range	Flag	Lab
FT4	1.1	0.9 - 1.7 ng/dL	—	CORE
TSH	1.550	0.270 - 4.200 uIU/mL	—	CORE

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)
Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Estradiol [340672990] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441506_SQP MG	—	—	10/05/24 0844

Estradiol [340672990]

Resulted: 10/10/24 2324, Result status: Final result

Order status: Completed

Filed by: Interface, Res_Trl_In 10/10/24 2324

Collected by: 10/05/24 0844

Resulting lab: PRESBYTERIAN HOSPITAL

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Components

Component	Value	Reference Range	Flag	Lab
Estradiol	188.5	pg/mL	—	CORE
Comment: (NOTE) (NOTE) REFERENCE INTERVAL: Estradiol by Mass Spec Pre-menopausal: Early follicular 30.0-100.0 pg/mL Pre-menopausal: Late follicular 100.0-400.0 pg/mL Pre-menopausal: Luteal 50.0-150.0 pg/mL Post-menopausal 2.0-21.0 pg/mL REFERENCE INTERVAL: Estradiol by Mass Spec For a complete set of all established reference intervals, refer to ltd.aruplab.com/Tests/Pub/0093247 . This test was developed and its performance characteristics determined by ARUP Laboratories. It has not been cleared or approved by the US Food and Drug Administration. This test was performed in a CLIA certified laboratory and is intended for clinical purposes. Performed By: ARUP Laboratories 500 Chipeta Way Salt Lake City, UT 84108 Laboratory Director: Jonathan R. Genzen, MD, PhD CLIA Number: 46D0523979				

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN	Unknown	1100 Central Ave SE	04/29/14 1344 - Present

10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)
All Lab Orders (continued)

	HOSPITAL		Albuquerque NM 87106	
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Follicle stimulating hormone [340672991] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441505_SQP MG	—	—	10/05/24 0844

Follicle stimulating hormone [340672991]

Resulted: 10/05/24 2154, Result status: Final result

Order status: Completed

Collected by: 10/05/24 0844

Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Filed by: Interface, Res_Trl_In 10/05/24 2154

Resulting lab: PRESBYTERIAN HOSPITAL

Components

Component	Value	Reference Range	Flag	Lab
FSH	13.9	mIU/mL	—	CORE
Comment: (NOTE)				
Female Reference Interval: Follicular phase: 3.4-12.5 mIU/mL Ovulation: 4.7-21.5 mIU/mL Luteal phase: 1.7-7.7 mIU/mL Postmenopausal: 25.8-134.8 mIU/mL				

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

Testosterone, total and free [340672993] (Final result)
Specimen Information

ID	Type	Source	Collected By
N2441505_SQP MG	—	—	10/05/24 0844



10/02/2024 - Office Visit in PAN AMERICAN OBGYN (continued)

All Lab Orders (continued)

Testosterone, total and free [340672993]

Resulted: 10/05/24 2154, Result status: Final result

Order status: Completed
Collected by: 10/05/24 0844
Acknowledged by: Stopani, Erin, CNM on 10/14/24 0754

Filed by: Interface, Res_Tri_In 10/05/24 2154
Resulting lab: PRESBYTERIAN HOSPITAL

Components

Component	Value	Reference Range	Flag	Lab
Sex Hormone Binding Globulin	44	25 - 122 nmol/L	—	CORE
Total Testosterone	39	ng/dL	—	CORE
Comment: (NOTE) Please note that reference intervals for this test are defined for adult males only. For all other groups, the preferred test is Total Testosterone by LCMS (TriCore test code: TSTOMS)				
Testo, Free, calc.	4.2	pg/mL	—	CORE
Comment: (NOTE) Please note that reference intervals for this test are defined for adult males only. For all other groups, the preferred test is Free Testosterone by LCMS (TriCore test code: TSTFMS)				

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
98 - PRES	PRESBYTERIAN HOSPITAL	Unknown	1100 Central Ave SE Albuquerque NM 87106	04/29/14 1344 - Present
101 - CORE	TRICORE CORE LAB	Unknown	1001 Woodward PI NE Albuquerque NM 87106	04/29/14 1031 - Present

Indications

Encounter for routine general gynecological examination without abnormal finding, not otherwise specified [Z01.419 (ICD-10-CM)]

All Reviewers List

Stopani, Erin, CNM on 10/14/2024 07:54

END OF REPORT