

Client name:	Michelle Fredericks
Date:	23/11/2024
Location:	Dianella (Pamper Party guest)

Client presentation and observations

Michelle requested relaxation massage on her shoulders and hips/ lower back.
Michelle mentioned muscle soreness in these areas: left shoulder, right hip.

Client treatment performed

Prone relaxation massage of back, focussing mainly on shoulders and lower back and hips. 40 minutes.
Level 1, Level 2 and Level 3 relaxation massage. Consent given.

Client after treatment observations

Client felt relaxed.

Additional notes