Massage Therapist: Verity Hebbs

Client Notes

23/11/2024

Client name:

Jolie Poilly

Date:

23/11/2024

Location:

Dianella (Pamper Party guest)

## Client presentation and observations

Jolie requested relaxation massage on her shoulders, back and left arm.

Jolie mentioned muscle soreness in these areas: left shoulders, back and left arm (bicep area Julie requested a gentle relaxation massage.

## Client treatment performed

Prone relaxation massage of back, focussing mainly on shoulders, left bicep and back. 40 minutes. Level 1, Level 2 and Level 3 relaxation massage. Consent given.

## Client after treatment observations

Client felt relaxed.

## **Additional notes**

Client is 17 years and 5 months old. Client's mother attended pamper party event and gave her consent also.