

# Letter of Referral

Dear Doctor,

Thank you for seeing Mika Matsumoto, DOB (01.03.1964).

Mika presented for an initial nutritional consultation for pain management and energy support on 4 October 2024.

Mika has a diagnosed history of fibromyalgia and hyperthyroidism and is suspected of having a malignancy in her left breast, with presenting symptoms of pain around her elbows and left breast near the areola.

On routine examination, Mika's blood pressure was 110/70 mmHg.

Physical examination revealed a couple of lumps on her left breast on palpation.

Mika explained that the lumps sometimes move and change size.

She also mentioned that her eyes have become a little yellow.

She has been taking a herbal tincture, powder supplement, evening primrose oil and selenium prescribed by her naturopath.

Mika reported that it has been a year since she last had her blood tested.

I would be grateful if you could recommend any further tests that you think would benefit Mika's health.

If you would like to discuss this matter further, please do not hesitate to contact me at 0476260538 between 15:00 and 20:00 on Friday.

Yours sincerely,



Erika Okagawa  
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