



SHOPPING LIST

New Supplements

PrimerPlus | \$62.00

SolvClear | \$73.43

Astragalus Complex | \$49.49

VegeNac | \$33.83

Green Superfoods | \$30.20

Purchase Yourself:

- Chia Seeds, Ground Flaxseeds, LSA, Sunflower & Pumpkin Seeds, Superfood or Paleo Sprinkle (topping) | **Royal Nut Company**
- Carman's Original Fruit Free Muesli | **Coles/Woolies**
- Remedy Kombucha, wild berry | **Coles/Woolies or Remedy.com**
- Remedy Shots Energy | **Coles/Woolies or Remedy.com**
- Organic Juices: Pomegranate, Cranberry, Tart Cherry | **GloHealth Glenhuntly**

How to purchase?

Let me know which option you would like to proceed with by replying to this email.

1. Purchase through Vital.ly website patient portal (shipping fees may apply). This will be setup by the practitioner if you choose this option.
2. Purchase through **Naturally Anew**. You will be notified when items are available for pickup, usually within 1 week of ordering.