

From: Ashleigh van Nierop
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16/09/24

Dear Sir/Madam

Re: Referral of Claire Hickling (16/05/1974)

Claire has presented to me as a naturopathic patient on 16/09/24.

Claire is seeking assistance with her immune system, she experiences recurrent upper respiratory infections, fatigue, ongoing constipation, psoriasis, GORD, ectopic heartbeat, and peri-menopausal symptoms. She has a history of tachycardia, arrhythmias, borderline elevated cholesterol, liver enzymes and ferritin levels

I understand you have Medicare guidelines to adhere to. Based on her recent consultation and ongoing health concerns, I kindly ask if you would consider the following investigations:

- Fasting glucose and insulin
- Thyroid panel: TSH, T3, T4, Reverse T3, Thyroid autoantibodies
- CRP
- Homocysteine
- Vitamin D
- Liver function test
- Lipids

These tests will help guide our management plan. In the mutual care of our client, I would appreciate the sharing of any relevant information that will assist with the health management of Claire Hickling. Thank you in advance for your consideration.

Yours sincerely,

Ashleigh van Nierop

Naturopath