



SHOPPING LIST

New Supplements

EnteroZYME | \$52.15

CurcuForte | \$62.56

Berb-Evail | \$39.95

Kyolic Heart & Cholesterol Formula | \$48.35 (*can find this supplement in Chemist Warehouse or purchase through me*)

Heme Synergy | \$22.50

Optional/Purchase via links or store:

Visit the [Royal Nut Company](#) | Hemp Seends, Chia Seeds, Ground Flaxseeds, LSA, Pumpkin Seeds, Sunflower Seeds.

- Superfood Sprinkle, Naked Paleo Mix and Coco-Nut Blend are great sweet toppings for yogurt that they sell too.

How to purchase?

Let me know which option you would like to proceed with by replying to this email.

1. Purchase through [Vital.ly](#) website patient portal (shipping fees may apply). This will be setup by the practitioner if you choose this option.
2. Purchase through Naturally Anew. You will be notified when items are available for pickup, usually within 1 week of ordering.