

Search

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9. I have been limited in my ability to do things away from home.	0	1	2	3	4	3
10. I have trouble maintaining physical effort for long periods.	0	1	2	3	4	4
11. I have had difficulty making decisions.	0	1	2	3	4	3
12. I have been less motivated to do anything that requires thinking	0	1	2	3	4	3
13. My muscles have felt weak	0	1	2	3	4	3
14. I have been physically uncomfortable.	0	1	2	3	4	3
15. I have had trouble finishing tasks that require thinking.	0	1	2	3	4	3
16. I have had difficulty organizing my thoughts when doing things at home or at work.	0	1	2	3	4	3
17. I have been less able to complete tasks that require physical effort.	0	1	2	3	4	4

	Never	Rarely	Sometimes	Often	Almost Always	
18. My thinking has been slowed down.	0	1	2	3	4	3
19. I have had trouble concentrating.	0	1	2	3	4	3
20. I have limited my physical activities.	0	1	2	3	4	4
21. I have needed to rest more often or for longer periods.	0	1	2	3	4	4

Instructions for Scoring the MFIS

Items on the MFIS can be aggregated into three subscales (physical, cognitive, and psychosocial), as well as into a total MFIS score. All items are scaled so that higher