

of statements that describe the effects of fatigue. Please read each
 y, the circle the one number that best indicates how often fatigue has
 is way during the past 4 weeks. (If you need help in marking your
 e interviewer the number of the best response.) Please answer every
 are not sure which answer to select choose the one answer that comes
 bing you. Ask the interviewer to explain any words or phrases that you
 nd.

fatigue during the past 4 weeks

	Never	Rarely	Sometimes	Often	Almost Always	
been less alert.	0	1	2	3	4	3
had difficulty paying attention for long periods of	0	1	2	3	4	3
been unable to think clearly.	0	1	2	3	4	3
been clumsy and uncoordinated.	0	1	2	3	4	3
been forgetful.	0	1	2	3	4	3
had to pace myself in my physical activities.	0	1	2	3	4	4
been less motivated to do anything that requires	0	1	2	3	4	4
ical effort.						
been less motivated to participate in social	0	1	2	3	4	4
ities.						
ve been limited in my ability to do things away from-	0	1	2	3	4	3
ne.						
ve trouble maintaining physical effort for long	0	1	2	3	4	4
iods.						
ave had difficulty making decisions.	0	1	2	3	4	3
ave been less motivated to do anything that requires	0	1	2	3	4	3
inking						
ly muscles have felt weak	0	1	2	3	4	3
have been physically uncomfortable.	0	1	2	3	4	3
have had trouble finishing tasks that require thinking.	0	1	2	3	4	3
have had difficulty organizing my thoughts when doing	0	1	2	3	4	3
things at home or at work.						
I have been less able to complete tasks that require	0	1	2	3	4	3
physical effort.						