

THE PRACTICE

WELLBEING CENTRE

STUDENT LED CLINIC



Dear Dr,

Thank you for seeing Milena Atanassova.

Milena first presented to me on 05/03/2024, with a diagnosed history of B12 deficiency and current symptoms of fatigue, low mood, as well as presenting with pale skin, recent B12 was 40 18/01/2024.

I have prescribed Milena 3000ug of BioMedica Liposomal B12 in attempt to raise levels.

I'm concerned that this low B12 may be due to an underlying medical condition other than dietary, and I have recommended Milena see you regarding this issue. Further, I have discussed with Milena the possibility of excluding conditions such as pernicious anaemia or coeliac disease.

Thank you for the mutual care of Milena, your recommendations for further action are appreciated.

If you would like to discuss this matter further, please do not hesitate to contact me **The Practice Wellbeing Centre on 07 3270 1040** during Tuesdays and Wednesdays 1:30-6:30.

Tiana Quaife

Supervisor: Tina Taylor ANTA 7117, BHSc Nut, BHSc Nat.

07 3270 1040

<https://www.torrens.edu.au/the-practice-wellbeing-centre/brisbane>