

THE PRACTICE

WELLBEING CENTRE

STUDENT LED CLINIC



TORRENS
UNIVERSITY
AUSTRALIA



Milena

0490850905

The Practice Wellbeing Centre - Naturopathy

123 Gotha St

Fortitude Valley

07 3270 1040

Student Practitioner: Tiana

5 Mar 2024

Thank you for attending your appointment with The Practice.

Please find below your prescription as discussed.

Product recommendations:

BioMedica Liposomal B12

Doseage: 3ml under the tongue, once a day.

Hold in the mouth for 30 seconds and then swallow.

STORE IN FRIDGE AFTER OPENING.

Dietary recommendations:

Including salmon and nutritional yeast in your diet for B12 levels.

Please see your GP with the referral letter provided for further investigations.

Your next appointment is 5pm on 26.03.24.

Adverse Reaction and Safety Information

- Take products only as directed.
- If you encounter any reactions such as feeling nauseous, headache, dizziness or the like, **STOP** taking your product immediately and call The Practice Wellbeing Centre reception on 07 3270 1040
- In the case of an emergency please contact your GP or emergency service

- A clinic supervisor will call you back as soon as possible to discuss the situation with you
- Please keep all medication out of reach of children.

OFFICE USE ONLY

Approved by Supervisor [Tina Taylor ANTA 7117]:

5 Mar 2024