

THE PRACTICE

WELLBEING CENTRE

STUDENT LED CLINIC



TORRENS
UNIVERSITY
AUSTRALIA



Milena

0490850905

The Practice Wellbeing Centre - Naturopathy

123 Gotha St

Fortitude Valley

07 3270 1040

Student Practitioner: Tiana

23 Apr 2024

Thank you for attending your appointment with The Practice.

Please find below your prescription as discussed.

Product recommendations:

Herbs of Gold Sublingual B12

Dosage: 3 tablets under the tongue, once a day.

Flordis Remotiv

Dosage: 1 tablet morning and night

This can interact with oral contraceptives, so please use other methods of contraception to avoid pregnancy.

Your next appointment is 5pm on 8.4.24

Adverse Reaction and Safety Information

- Take products only as directed.
- If you encounter any reactions such as feeling nauseous, headache, dizziness or the like, **STOP** taking your product immediately and call The Practice Wellbeing Centre reception on 07 3270 1040
- In the case of an emergency please contact your GP or emergency service
- A clinic supervisor will call you back as soon as possible to discuss the situation with you
- Please keep all medication out of reach of children.

OFFICE USE ONLY

Approved by Supervisor [Diana Bowman NHAA 156346]:

23 Apr 2024