

## Part 2

Your life is divided into Portfolios and Sectors. Within each portfolio there are a number of sectors which you are asked to rank between 1 and 10 to indicate your level of satisfaction and achievement.

Below, rate your level of satisfaction for the Sector. Comments are optional and should be brief (dot point is fine) as you will have the opportunity to write more later.

### Portfolio: Environments

0 = dissatisfied, 10 = fulfilled

Sectors:

Home	<del>0</del> - 1 - <del>2</del> - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10	my own home that I love
Work	<del>0</del> - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10	I wake up loving what I do
Region	0 - <del>1</del> - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10	minimal traffic around, quiet. Close to big city but outside it on average.
Any Comments about this Portfolio (optional):		

### Taylor Swift

- Everything she does has 100% focus and attention to detail.
- She has an equal balance of creating for her but doing everything for her fans
- It's so obvious she loves what she does. She doesn't stop creating things. It's always new and different from before. Nothing is stuck the same - she is in a flow state of her art syncing with who she is.
- She's strong in her mind to keep pushing forward when people want her to lose.
- She's friendly to everyone and knows how to create life long friendships.

Below, rate your level of satisfaction for the Sector. Comments are optional and should be brief (dot point is fine) as you will have the opportunity to write more later.

## Portfolio: Finances

0 = dissatisfied, 10 = fulfilled

Sectors:

Management 0-1-2-3-4-5-6-7-8-9-10

Investment 0-1-2-3-4-5-6-7-8-9-10

Investing in multiple  
streams - ~~the~~ companies,  
business real estate.

Freedom 0-1-2-3-4-5-6-7-8-9-10

Buying what I love

Income 0-1-2-3-4-5-6-7-8-9-10

6 figure +

Expenditure 0-1-2-3-4-5-6-7-8-9-10

Any Comments about this Portfolio (optional):

Below, rate your level of satisfaction for the Sector. Comments are optional and should be brief (dot point is fine) as you will have the opportunity to write more later.

## Portfolio: Health

0 = dissatisfied, 10 = fulfilled

### Sectors:

Fitness 0-1-2-3-4-5-6-7-8-9-10

Appearance 0-1-2-3-4-5-6-7-8-9-10

Nutrition 0-1-2-3-4-5-6-7-8-9-10

Body 0-1-2-3-4-5-6-7-8-9-10

*Toned, slim. Size 8/10*

Emotional 0-1-2-3-4-5-6-7-8-9-10

Mental 0-1-2-3-4-5-6-7-8-9-10

Any Comments about this Portfolio (optional):

Below, rate your level of satisfaction for the Sector. Comments are optional and should be brief (dot point is fine) as you will have the opportunity to write more later.

## Portfolio: Recreation

0 = dissatisfied, 10 = fulfilled

### Sectors:

Physical Activities      0-1-2-3-4-5-6-7-8-9-10

Travel      0-1-2-3-4-5-6-7-8-9-10

*Holidaying when I like to  
wherever I want*

Hobbies      0-1-2-3-4-5-6-7-8-9-10

*Bringing fun into my life more.*

Interests      0-1-2-3-4-5-6-7-8-9-10

Free Time      0-1-2-3-4-5-6-7-8-9-10

Any Comments about this Portfolio (optional):

Below, rate your level of satisfaction for the Sector. Comments are optional and should be brief (dot point is fine) as you will have the opportunity to write more later.

## Portfolio: Career

0 = dissatisfied, 10 = fulfilled

### Sectors:

Purpose	0-1- <u>2</u> -3-4-5-6-7-8-9-10	} My own creative empire that I love working on all the time.
Values Met	0- <u>1</u> -2-3-4-5-6-7-8-9-10	
Remuneration	0-1-2- <u>3</u> -4-5-6-7-8-9-10	
Enjoyment	<del>0</del> - <u>1</u> -2-3-4-5-6-7-8-9-10	I do get some good laughs with the kids, and I love to read stories to them
Time Management	0-1-2-3-4-5-6- <u>7</u> -8-9-10	
Colleagues/ Work Dynamics	<u>0</u> -1-2-3-4-5-6-7-8-9-10	Work closely with people I admire and look up to.

Any Comments about this Portfolio (optional):

Below, rate your level of satisfaction for the Sector. Comments are optional and should be brief (dot point is fine) as you will have the opportunity to write more later.

## Portfolio: Relationships

0 = dissatisfied, 10 = fulfilled

### Sectors:

With self	0-1-2-3-4-5-6-7-8-9-10	
Family of origin	0-1-2-3-4-5-6-7-8-9-10	
Own family (my 3 dogs)	0-1-2-3-4-5-6-7-8-9-10	
Romantic Sex Life	0-1-2-3-4-5-6-7-8-9-10	<del>Happy</del> Happy & in love.
Friendships	0-1-2-3-4-5-6-7-8-9-10	} Having real and meaningful friendships with people that will last a lifetime.
Work	0-1-2-3-4-5-6-7-8-9-10	
Community	0-1-2-3-4-5-6-7-8-9-10	
Support networks	0-1-2-3-4-5-6-7-8-9-10	

Any Comments about this Portfolio (optional):

Below, rate your level of satisfaction for the Sector. Comments are optional and should be brief (dot point is fine) as you will have the opportunity to write more later.

## Portfolio: Personal Development

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0 = dissatisfied, 10 = fulfilled

### Sectors:

Spiritual            0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Emotional            0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Interpersonal            0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Mental Self-            0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Mastery New            0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Skills            0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

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Any Comments about this Portfolio (optional):