

Office Use Only

NUTRITION CLIENT CASE TAKING FORM

Marce Beary.
Date: 13 4 18 Student's Name:
Client's Name: Emory Hankinson (Child)
Date of Birth: 22 11 07
Address: 871 Pittwater Rd
March Postrode: 289)
Phone: (H) Mob: 0419\$10420 (Man)
Household Situation: When + Dad recently spor separated Time w) Children: 2 Siblings Grothers (12, 8)
Children: 2 Siblings Groffers (12,8)
The state of the s
Occupation: n/a.
Referred By:
Referred by.
7 E05 = 1050 - 160 - 200 - 1
? Migrating Motor Complex (cleansing wave 190 min
Compare security of 1 presence actions
Nature Care Clinic — ABN 77 105 282 264

Strang constitution

	PRESENTING SYMPTOMS (P++/sensation, location, duration, what was happening when presenting symptoms began, better by warrant treatment etc.)
114.	better by/worse by, current treatment etc.) Torlet travel all ok age 2 (2000) ut1 - suggested circumcision by meds.
A	(in and A (ac 3 %) (2011)
Oct 2010	Circumcision - General A. (age 3th) (2011) ** noving over - Soilip began. Dad couldn't cope
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	the marked during De Roury.
	t all normal during surgery. I and we movical - associated w/ to:let and separated such then and separated superior to the superior superi
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las	break a go (") - GP whasound. Hot
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	he didn't have this 2016 Gastroenterologist Lemburg -physical 2016 Gastroenterologist Lemburg -physical 4 haven't seen this this, much compaction in 2016 boy thin age for v. long time 4-Picosolax 2016 boy thin age for v. long time 4-Picosolax 2016 sholax x3 - Refused after 1 week 2016 sholax x3 - Refused after 1 week 2016 clefereked to psy. 2016 Clisteroled terminy - Sensitive? Yes.
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	bog this age for
	Osholax x3 - Refused agra
	2 defended to psy.
	Distructed terminy - sensitive? Yes.
	Sometimes hearts - not every time -
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	Type 5 - soft blobs.
	gre o soft
	ase Taking Sheet for Clinical Practice 2 (Nut) DL V1 after Rhool Type 2 pellet /pebbles.
	after school type 2 places /fishers.

NUTRITION CASE TAKING SHEET Family history
Mother: Endowetrios Father: Wooded Siblings: heart value.

Vacual Births x3

Grandparents: Grandparents: Ond heart attach Cencer - advend + huy Grandparents: Ond heart attach num. Parkurson S breast concer Sleep (how much, any problems, dreams, wake refreshed?)

Lead heard (ught owl) q 30 - 8

Reading Price - up - Soil Type 6 1/2 palm 5:2e.

Energy levels (0-10, any slumps, what time?) - all bowel. > up + down - slow to move Medications and supplements Marico ? Allergies / intolerances (foods, alcohol, drugs, environmental) Feels sick much shake What is the reaction like? 148 cm . tall Height Weight LOT Goal weight / dress size Page 3 of 10 Case Taking Sheet for Clinical Practice 2 (Nut) DL V1

Measurements

Sust Ribs Vaist Hips Sum Thigh W/C Pancaker (Bacar + E555) Wen't eat parts Wen't eat oats Toast Egg (akes) × 2 Love all ken Want - Goes for this hamms lapp Worning snack Lookie, cless + crackers, yog hur 1 pac Lookie, cless + crackers, yog hur 1 pac Lookie, cless + letture; Grissum sticles, Seved apriots; corn chips, gua can Bushi avo (accumber chicken in Banana Brand a Butter Matternoon snack DINNER / dessert Sobel (bulla - Choe ice - cream Sour deuft - Apple 614 Bed		1st visit	2nd visit	3rd visit	4 th visit	
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Page 4 of Mulling Sheet for Clinical Practice 2 (Nut) DL VI When the control of	Dr.	ate Bo	Her B	ut ale	cherry Ton	Tolmer ton
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	1	procey	Deans	, rocco		
				aum	appe	

Smoore.
CRAVINGS: Lollies. Chac-milo, Sour streps
AVERSIONS / DISLIKES: Milk, Banana, meat ? steak. Low Milk, Banana, meat? steak. Loesn't like teature, meat
Sausages Chewed + spat out.
How often do you eat out and takeaway meals? Which meals?
1 week - Pizza, fish a Chips.
What happens if you skip a meal?
Slump?
What is your energy like after a most?
What is your energy like after a meal? Slow eater, last to seave table.
no super energetie.
Do you got when under stress / emotional eating (what type of food)?
There's a but of that in our house - boys
raid appoard.
When cooking do you use fresh, canned, frozen and packaged foods?
Mum Dad.
mostly Fresh, meat, veg. & fish fugers, Muggets
Stor fry Veg. Steak, Salad.
FROZEN chips. x 1/well to your not eatiej
frozer Pies. x1/week. property.
floves meat pie.

			ing gums, nausea			la Jacob
rping, flatulence,	bloating, any read	ction to fatty foods	s and what happer	ns if you miss a n	neal?)	
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	le, No. of days bleeding,, clots/spo d changes. Pap smears? Any cer	tting, PMS, sore breasts, bloating, vical changes, wart viruses,
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Musculo-skeletal
(Cramps, back P++, stiffness, parasthesia?)
Reaute some in morn - sports physics
unilaleral man + 5 4 1 - aching
skin
(Acne, eczema, psoriasis, warts & healing?)
horneral por
bruise easily
er ben, ettern av 2 de grande Lon a stated even a la deut à l'approprie les sites de la company les si
Lifestyle (Exercise, relaxation, job satisfaction, anxiety, depression, mood swings?)
Soccer, touch football, surf, swim (ocean).
Skateboarding, bike scooler.
Physical Examination
(Observations: dandruff, hair, dark circles, skin, walking, sitting, tremors, smell?)
Media P. coducty o Statem
A .
Nails: Bites.
Eyes: (Glasses/contacts, glare, night vision, swollen, infections, black shadows)
Dark circles. /puffy.
Ears: (hearing too acute, waxy, noises, infections) ore ear more leaky (R)
Tongue: Tanto asociat de abrad bio anodelidas estadas asociatis.
Blood Pressure: Pulse:
AB's - W. ravely (twice) not in last 2 year

- Complete Digestive Stool analysis - later I fisc Caeliac Sevology (per Lemburg) - Water & Male Repro: - Water & Male Repro: - Lemore Dairy - 3 weeks - I gg IgA IgE
Lewi Primes appels. Food Allergy Igg / Igh / IgE * Pairy CBC Testes Food Allergy Igg / Igh / IgE * Pairy CBC Testes Food Allergy Igg / Igh / IgE * Pairy CBC Testes Food Allergy Igg / Igh / IgE * Pairy CBC Testes Flood Allergy Liquerice Tea Liquerice lollies * Allergy Description of the pair Liquerice Lollies * Allergy Toast M butter September Liquerice Lollies * Allergy Toast M butter September Liquerice Lollies * Allergy Toast M butter September Liquerice Lollies * Allergy Toast M butter Louis Louis Louis Louis Shot Or juice Shot Solver Liquerice Louis Allergy Liquerice Liquerice Lollies * Allergy Toast M butter Louis Louis Shot Or juice Shot Liquerice Lollies * Allergy Toast Liquerice Liquerice Lollies * Allergy Toast M butter Louis Toast M butter Louis Shot Or juice Toast Liquerice Lollies * Allergy Toast Liquerice Liquerice Lollies * Allergy Toast Liquerice Liquerice Liquerice Toast Liquerice Liquerice Lollies * Allergy Toast Liquerice Liquerice Liquerice Lollies * Allergy Toast Liquerice Liquerice Liquerice Toast Liquerice Liquerice Lollies * Allergy Toast Liquerice Liquerice Liquerice Toast Liquerice Liquerice Lollies * Allergy Toast Liquerice Liquerice Liquerice Toast Liquerice Liquerice Liquerice Toast Liquerice Liquerice Toast Liquerice Liquerice Liquerice Toast Liquerice

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Coeliac - presents as diarrhoea.

Date

13/4/18

Client Name

Emory Hankinson

DOB

22/11/07

Scorpio bavels

Address

8/71 Pittwater Rd, Manly

Ph

0419910420 (mum)

Children

n/a

Occupation

Child

Referred by

Maeve

Household Situation

Mum and Dad recently separated. Lives with mum 75% time. 2 siblings (brothers) –

1 older 1 younger (12,8)

Presenting Symptoms

Encopresis – day and night time. Ongoing, stomach cramps, constipation. Low

energy. Distended tummy, sensitive area. Says sometimes hurts but not every

time.

History

Lived in UK until 2 1/2. Toilet trained ok. Got UTI, doc recommended he would be prone to UTIs and should have a circumcision. Left UK as Dad lost job and repat to

QLD (Oct 2010). Soiling began after moving over to Aus. Underwent surgery in Aus for circumcision under General A. Paed did exploratory during surgery and

reported all normal. Dad smacked badly when soiling bad, mum intervened. Dad doesn't cope with situation at all. Calls him dirty/disgusting/you're smarter than this. Mum and Dad separated for 8 months and mum felt she had breakthrough, reward system, lots of high 5s, things improved. Dad moved back in and since then up and down since then. Dad blames mum, says she didn't toilet train properly. As soiling continue took to Gasterenterologist in 2016. Lemburg. Did physical and said 'haven't seen this much compaction in a boy this age for a very long time'. Put him on Picosolax and Osmolax x 3. Helped a little but refused to take after 3 weeks.

Mum tried to hide in other foods. Dr saw him again a few months later, hadn't improved. Referred to a psychol. Routing goes in morn b4 school. Type 5/6 Bristol stool, Type 2 pellets/pebbles after school. Mum took to diff psychologist closer to home, made small inroads, liked the psych. Dad removed care and sent legal letter.

Other-hypermobility . Ehlers Danlos Syndrome?

Birth

4 weeks prem, jaundice 2-3 days, ok, breastfed well. Good weight 7lb 12oz. Dates

were correct.

Family History

Mum – endometriosis, 3 vaginal births, bad knee/surgery

Dad - bad sinus, croop, blacked out 4-6 times in past Grandparents (paternal) – heart attack, parkinsons

Grandparents (maternal) - cancer adrenal and lung, breast cancer

Sleep

'lead head' – but night owl, lots reading. bed 9.30 – 8am – 11hrs sleep. Wears pull

up for soiling – in morning Type 6 in pull up – leakage overnight

Energy levels

Morn 3-4. Lunch 8. Dinner 5-6. Slow to move, up and down

Meds/Supps

Movicol. Anti-biotics v rarely (twice). Strong constitution.

Allergies

Milk? Feels sick if he drinks a lot, milk shake doesn't like. Cant eat a lot of yoghurt.

Height/weight

148cm/ year 5, 40kg?

Breakfast

Cereal (Just right, wheetbix, rice crispies) – won't eat oats, toast, egg twice/week –

loves all kinds eggs, fruit – always eats fruit.

Morning Snack

Carrot/hummous, apple, cookie, cheese and crackers, yoghurt pasta & cheese

Lunch

Cheese and lettuce roll, grissini sticks, dried apricots, corn chips, guacamole, sushi,

avo/cucumber, chicken nuggets

PM snack

Banana bread w butter, muffin (not blueberries or banana), mango, strawberry

smoothie.

Dinner

Fave is chicke €arage w rice, lettuce, carrot, nachos/beans, doesn't like red caps cooked, stsing beans, broccoli in big piece, raw carrot, cucumber, Japanese Mum cookes mostly fresh, meat, veg, stir fry, frozen chips x 1 week, loves frozen pies x 1 week. Dad cooks fish fingers, nuggets, big steak, salad, - tells him 'your not

eating properly' if doesn't eat steak

Alcohol

Water

Likes water 2 x 500ml per day. Takes drink bottle to bed bed doesn't wake so not

sure why?

Aversions

Tomatoes of any kind, olives, lots milk, banana, not great w meat, doesn't like

texture, often chewed and spat out.

Cravings

Fruit, apple, choc milo, sour straps, lollies

Takeaway

1/week - pizza, fish n chips

Skip meals

Slumps

Energy after meal

Slow eater, last to leave table, not super energetic

Stress eating

'There's a bit of that in our house' - boys raid cupboard

GIT

fussions Burping a lot – more than flatulence. Not much flatulence, sores on bum,

sudocream\paw paw helps. May be from pull up?

Bowels

Constipation/diarrhoea/soft/squishy.

Resp

No

Kidneys

UTI age 2, dry at night

Female/Male Repro

Circumcision age 3, not sure if testicles are enlarged?

Cardio

Short of breath

Musculoskeletal

Cramps, right ankle sore in morn, went to physio. Unilateral impingement -

orthotics – hypermobility – now aching. Has to go back

Skin

Hormonal pores/ Bruises easily, always marked - wel abook how

Lifestyle

Lots sport, soccer, touch football, surf, swim, skateboard, bike, scooter

Nails

Bites

Tongue

?

Other

Eyes, dark circles/puffy, Ears – one ear more waxy (r)

Blood Tests

Treatment Plan

Valarar. Scarpio.

Menul bione - Explorer. donnant Genera y Stool Sample: - gut species Diagnostic> \$600. overview. Partially by drogueted guar gum. prebiotic - less bladtry Homeopathy.