

myhealth
MEDICAL CENTRE

Myhealth Kable Street Windsor
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Address: 2 Kable Street Windsor 2756
Please send all correspondence by electronic means

Mon & Thu : 8:00am - 6:00pm
Tues Wed & Fri : 8:00am - 5:30pm
Sat: 8:00am - 12:00pm
Phone: 02 4577-5622
Fax: 02 4587-7031

Dr Antonio Rombola

Provider No: 027998BH
06/05/2024

Ms Michelle Hookham
6 Christie Street
Windsor 2756
Ph: 4577 4435

Dear Michelle

Re: Miss Logan Wolfgram
N34 Vines Drive
Richmond 2753
DOB: 09/08/1994
Contact Number: 0407902978
Medicare: 27364243331

Thankyou for seeing Logan aged 29 yrs, who has been referred under Medicare item 2715 / 2717.
I enclose a copy of her Mental Health Plan.

Thank you for caring for her.

Maximum number of sessions prior to review : 6

Regards,

Dr Antonio Rombola



GP MENTAL HEALTH CARE PLAN / REVIEW (MBS ITEMS 2715, 2717, 2712)

Check date / existence of previous Mental Health Care Plan

The patient can ring Medicare on 132150 and quote their Medicare number to determine whether an item 2715/2717 has been paid within the last 12 months, as patients can have only one Mental Health Care Plan per 12 months.

Patient Assessment					
Patient name	Miss Logan Wolfram	Date of birth	09/08/1994		
Address	N34 Vines Drive Richmond 2753	Phone	0407902978		
Carer details and/or emergency contact(s)			Other Care Plan in place		
		GPMP	No	TCA	No
GP name / Practice	Dr Antonio Rombola 2 Kable Street Windsor 2756				
AHP or nurse currently involved in patient care			Medical Records No.		
Presenting issue(s) What are the patient's current mental health issues	Anxiety /Depression Relationship issues				
Social History	Occupation: Student - Undergraduate Marital status: De facto Alcohol: Previously light once a month Smoking: Non smoker				
Medications (attached information if required)	<div style="display: flex; justify-content: space-between;"> <div> Fluticasone 125mcg Inhaler (Fluticasone propionate) Levlen ED Tablet (Levonorgestrel, Ethinyloestradiol) Pristiq 100mg Tablet (Desvenlafaxine) Ventolin CFC-Free with counter 100mcg/dose Inhaler (Salbutamol Sulfate) </div> <div> 2 puffs Twice a day p.r.n. 1 Tablet Daily. 1 Tablet In the morning. 2 puffs Every 4 hours p.r.n. </div> </div>				
Allergies	Nil known.				

GP MENTAL HEALTH CARE PLAN / REVIEW (MBS ITEMS 2715, 2717, 2712)

Risks and co-morbidities	nil current risk		
Outcome tool used	K10 Psychological Distress Scale	Results / Score	29
ICD/10 Diagnosis			

Record mental state examination results after patient has been examined	
Appearance and General Behaviour normal	Mood (Depressed / Labile) depressed
Thinking (Content / Rate / Disturbances) normal	Affect (Flat / Blunted) flat
Perception (Hallucinations etc) normal	Sleep (Initial Insomnia / Early Morning Wakening) Other:
Cognition (Level of Consciousness / Delirium / Intelligence) normal	Appetite (Disturbed Eating Patterns) decreased
Attention / Concentration affected but adequate	Motivation / Energy affected but adequate
Memory (Short & Long term) normal	Judgement (Ability to make rational decisions) normal
Insight present and good	Anxiety Symptoms (Physical & Emotional) moderate amount present
Orientation (Time / Place / Person) oriented	Speech (Volume / Rate / Content) normal

GP MENTAL HEALTH CARE PLAN / REVIEW (MBS ITEMS 2715, 2717, 2712)

Patient Mental Health Care Plan

Patient: Miss Logan Wolfram

(This form can also be used to record details for the GP Mental Health Review Item 2712)

- Patients cannot use their private health to cover the allied health gap fee, however gap costs to the patient count toward the patient's Medicare Safety Net
- GPs, Psychiatrists or Paediatricians must claim the relevant Mental Health item number or the patient must claim a Medicare rebate in order for the allied health professional to successfully be able to claim their item number for patient treatment.

Patient Needs / Main Issues / Problems	Goals Record the mental health goals agreed by the patient and GP and any actions the patient will need to take	Treatments Treatments, actions and support services to achieve patients goals	Referrals Note: referrals to be provided by GP, as required.
Anxiety /Depression Relationship issues	Improve level of functioning Learn new skills; develop additional coping strategies. Diminish symptoms	Medication Focussed Psychological Strategies Lifestyle Measures	refer to Ms Michelle Hookham

Crisis / relapse prevention plans If require, note the arrangements for crisis intervention and/or relapse prevention	GP: Dr Rombola									
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Appropriate psycho-education provided	Plan added to patient's record	Copy (or parts) of the plan offered to other providers														
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 10%; text-align: center;">x</td> <td style="width: 10%; text-align: center;">No</td> <td style="width: 10%;"></td> </tr> </table>	Yes	x	No		<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 10%; text-align: center;">x</td> <td style="width: 10%; text-align: center;">No</td> <td style="width: 10%;"></td> </tr> </table>	Yes	x	No		<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%; text-align: center;">Yes</td> <td style="width: 10%; text-align: center;">x</td> <td style="width: 10%; text-align: center;">No</td> <td style="width: 10%;"></td> <td style="width: 10%; text-align: center;">N / A</td> <td style="width: 10%;"></td> </tr> </table>	Yes	x	No		N / A	
Yes	x	No														
Yes	x	No														
Yes	x	No		N / A												

Completing the plan

On completion of the plan, the GP is to record that he / she has gained consent for the plan and review and discussed with the patient:

- the assessment
- all aspects of the plan and the agreed date for review, and
- offered a copy of the plan to the patient, and/or carer and/or allied health professional or BOMHC Level 2 GP (if agreed by patient)

Verbal agreement to complete the GP Mental Health Plan or review and to provide copy to Ms Michelle Hookham was obtained.

Date Original plan completed: 6th May 2024

First review date :	Outcome Tool Results: K10 PDS:
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First Review comments (Progress on actions and tasks outlined in GP Mental Health Care Plan) :

Second review date :	Outcome Tool Results: K10 PDS:
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Second Review comments (Progress on actions and tasks outlined in GP Mental Health Care Plan) :