MASSAGE & MYOTHERAPY
AUSTRALIA

TARRENGOWER REMEDIAL MASSAGE CLIENT HISTORY FORM

Client Details:

Name: PAUL BAKAN

Date of Birth: 22/08/1956 Identify as: M ( ) F ( ) 0 ( )

Contact phone number:

Email address: loebak@activ8.net.au

Occupation: RETIRED

Emergency Contact: Name: ANDREA

Health Fund BUPA

Relationship: PARTNER Phone:

Extras cover?

Sports Activities:

Contraindications and Medical History:

1. Do you have any limitations for treatment? (Yes) No
2. [Female only] Is there a possibility you are pregnant? Yes (No)
3. What are your expectations for treatment?

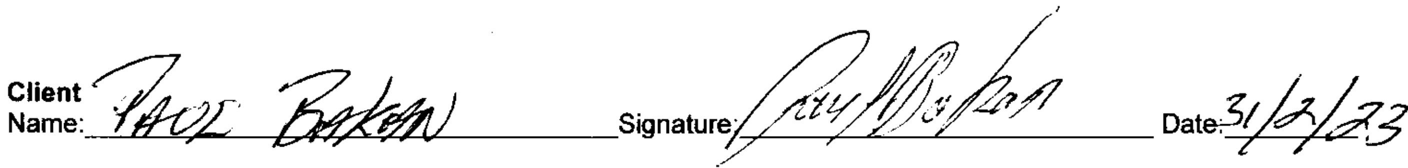
Free neck up a bit - Stop pain

Condition	Yes	No	Notes	Condition	Yes	No	Notes
Varicose veins	Yes	(No)		Skin diseases	Yes	(No)	
Sunburn	Yes	(No)		Allergies	Yes	(No)	
Recent surgery/scar tissue	Yes	(No)		Diabetes	Yes	(No)	
Major operations/accidents	Yes	(No)		DVT/blood clots	Yes	(No)	
Inflamed/painful areas	(Yes)	No	Neck	Fractures/dislocations	Yes	(No)	
High/low blood pressure	(Yes)	No	Low	Raised temperature	Yes	(No)	
Pacemaker	Yes	(No)		Headaches/migraines	(Yes)	No	Neck?
Circulatory disorders	(Yes)	No	Cold related	Strains/sprains	Yes	(No)	
Supplements	(Yes)	No	Vitamins	Cancer	Yes	(No)	
Neck/spine injury	Yes	(No)		Infections conditions	Yes	(No)	
Arthritis	Yes	(No)		Medications	(Yes)	No	Morphine

Consent for Treatment
I understand that:

- This is a massage treatment and is not a medical or allied health treatment (physiotherapy, osteopathy, chiropractic)
- I have viewed the therapists' qualifications
- The risks specific to my individual circumstances may have a bearing on my decision to proceed with the proposed treatment
- The therapist reviewed my health history before treatment commenced
- The therapist explained that the physical assessment I received may involve partial undressing and may require the therapist to palpate (touch) the area(s) of my body relevant to my presenting condition
- The therapist explained the treatment options to me
- The therapist explained the associated risk and possible side effects with the treatment options as described
- The therapist discussed the massage procedures, the areas of the body to be treated, the undressing and dressing procedures, the draping procedures and the positioning on the table for and during treatment
- The therapist established that the treatment session will be stopped should the treatment as first agreed to, require modification. The therapist will explain the reason for the change and any risks and/or side effects as a result of the change
- I can ask any questions in regard to any modification to the treatment plan. I should be totally comfortable with the explanation and reasoning for the change before consenting to the modification to the initial treatment plan
- The therapist has explained that I have the right to refuse treatment, to make changes to the treatment and to stop the massage at any time
- I have the right to request evidence for treatment that may include the abdomen, anterior and lateral chest, and buttock and / or groin areas. I understand I have the right to refuse treatment of these areas
- If I agree to treatment to any of the areas mentioned in the point above, I may be requested, by the therapist, to complete a consent form relevant to those areas

Only sign below if the above information is understood and has occurred



Client
Name:________________ Signature:________________ Date:31/2/23

Parent/Guardian
Name:________________ Signature:________________ Date:________

Therapist
Name:___Paul Gilders________________ Signature:________________ Date:_______