Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

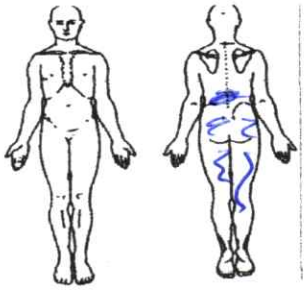
Last Name: WITHERS First Name: LAUREYNE Date 21/1/23

Area Being Treated HIPS

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'ve ISQ): +'ve



LBP
(L) HIP
2 weeks post. covid.

Client consent for treatment

Please sign

Date 21/1/23.

OBJECTIVE EXAMINATION:

Observation:

Motion tests (Active, Passive, Resisted, Special Tests):
Lx Flex 1cm ↓ Knee S, (R) Glute Max

Palpatory **Assessment:**
Glute Med Hypertonic Blat

Treatment:
MFR Ilio costalis, longissimus, Glute Med, QL, Glute Max, HS Gastroc, DIP MIP QL, Glute Med, Glute Max, piriformis

Advice & Corrective Exercises:
Added Lower back/Glute Stretch.

Reassessment & Postural **Improvements:**
Lx Flex 1-5cm ↓ knee S, (R) Glute Med.

Next Treatment/Management Plan: (R) Calf → OIL! Venus Ulcer.
3 Weeks (booked)
* Less Pressure!! * → Very Sore post Treatment
(L) Glute Med