

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: Wilson First Name: Peter

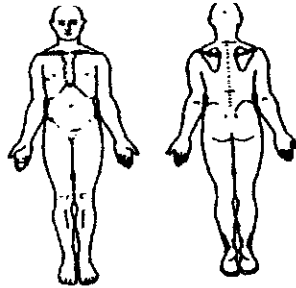
Date 9/9/23

Area Being Treated SBL

Current Presentation LOOTRADIOPS:

Has your Clinical Impression  
changed? Y N  
If yes \_\_\_\_\_

Response to previous treatment  
(+ve, -ve ISQ): +ve



Loosen up  
back, legs, neck.

Client consent for treatment

Please sign

Date

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Cx Rot L 30° S. @ Lev Scap</u> <u>R 40° S. @ Lev Scap</u>
Palpatory Assessment:	
Treatment: <u>Eff &amp; Rel, then MFTT, Lev Scap, Yt</u> <u>- ilio costalis longissimus,</u> <u>semispinalis lat Dorsi, QL, GMed</u> <u>HLs, Gastroc, Soleus, etc</u> <u>DLP - Tib Post. &amp; Co Tans Mob</u>	Advice & Corrective Exercises: <u>Cx Stretches - VIT &amp; Lev Scap</u> <u>→ Apply heat if sore</u>
Reassessment & Postural Improvements: <u>Cx Rot L 45° PB</u> <u>R 50° PB</u>	

Next Treatment/Management Plan: as needed