

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: ROBERTSON First Name: JAMES

Date 11/11/23

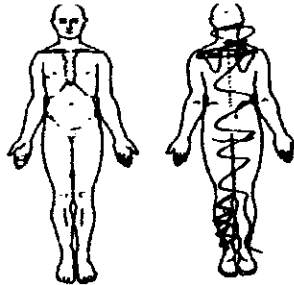
Area Being Treated SBL / calf

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? (N)  
If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve / SQ): +ve

long walk - no adverse impact



@ calf  
superficial back line

Client consent for treatment

Please sign

R

Date

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests):
Palpatory Assessment: <u>@ Gastroc &amp; Soleus better than previous</u>	
Treatment: <u>MFTT - tho costalis, QL, longissimus</u> <u>+ VIT, Lev Scap, Glmed, GlMax,</u> <u>Biceps fem, Semi mem, Semi Ten</u> <u>adductor tenes, gastroc, Peroneal</u> <u>LFB, Soleus, Tib back</u>	Advice & Corrective Exercises: <u>Glute bridge with block ✓</u> <u>Calf raises ✓</u> <u>Glute Stretch - Straight ✓</u> <u>- Opp Straight ✓</u> <u>* Telehals</u>
Reassessment & Postural Improvements:	

Treatment/Management Plan: As needed