

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: REDFERN First Name: GRAHAM

Date 19/4/23

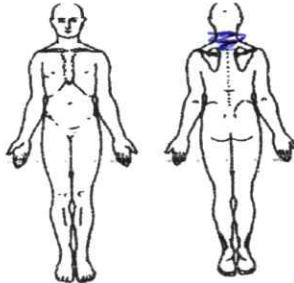
Area Being Treated Cx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N
If yes _____

Response to previous treatment (+ve, -ve, SQ): five

Chronic



Slipped off edge of bed
hit back of head/neck
→ 1 hour to get back up.
Hot shower this morning
headache for 1 month
Unsteady on feet
Numbness down arms.

Client consent for treatment

Please sign

Date 19/4/23

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): Cx Rotn L 40° P. @ U/T. R 300 P. @ Spln Cap L 300 P. @ Lev Scap Cx Lat Flex L 40° P. @ Lev Scap.
Palpatory Assessment: Lev Scap Hypertonic Bilateral.	Shoulder AD L 135° S. @ Triceps Long R 95° S. @ Triceps Long Shoulder Flex L 160° PB R 130° S. @ Teres Min
Treatment: MFR ESG, Lev Scap, U/T, DIP MT, P-Teres Min, U/T, Lev Scap. cx Joint Mob	Advice & Corrective Exercises: Cx stretchers 2 sets Morn & night Lev Scap Stretch 2s Morn & night
Reassessment & Postural Improvements: Cx Rotn L 50° P. @ U/T R 50° P. @ Spln cap Cx Lat Flex L 40° P. @ Lev Scap R 45° P. @ Lev Scap	

Next Treatment/Management Plan: call when needed