

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: Monk First Name: Roz

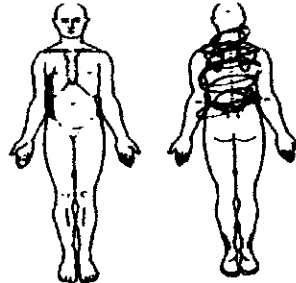
Date: 23/10/23

Area Being Treated Cx/Tx/L

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N  
If yes \_\_\_\_\_  
\_\_\_\_\_

Response to previous treatment (+ve, -ve/SQ): +ve



@ Side - ext. Obliques  
Lat Dorsi  
Cx/Tx/Lx

Sore internally

Client consent for treatment

Please sign [Signature]

Date

### OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests):
Palpatory Assessment: <u>② anterior tx palpation</u> <u>⇒ Pairs referred to GP</u>	
Treatment: <u>MFRT thoracostalis, Qc, ext.</u> <u>Oblique, TLF, lat dorsi,</u> <u>longiss., v/T, Lev Scap</u> <u>D.P MRP lev Scap</u> <u>Cx Joint mob. MD-Cx</u>	Advice & Corrective Exercises: <u>ext obliq stretch (ext. oblique).</u> <u>lat dorsi stretch</u>
Reassessment & Postural Improvements:	

Next Treatment/Management Plan: 2 weeks (booked)