

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: Mc Knight First Name: Brianna

Date 12/12/22

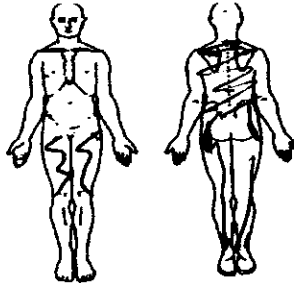
Area Being Treated Post Chain
HIP Flexors

Current Presentation LOOTRADIOPS:

Has your Clinical Impression
changed? (N)
If yes _____

Back is tight but
not throbbing

Response to previous treatment
(+ve, -ve ISQ): True



Client consent for treatment

Please sign

Date

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>HIP Flex L 100° R (Spring)</u> <u>R 100° R (Spring)</u>
Palpatory Assessment: <u>Rectus Hypertonic</u> <u>MT, P @ Lev Scap.</u>	
Treatment: <u>MFR - ES, UT, Lev Scap</u> <u>OLP MFR Lev Scap, Piriformis</u> <u>MFR Glute Med, Glute Max</u> <u>HS, Calves, Rectus</u> <u>PBS Rectus</u>	
Reassessment & Postural Improvements: <u>HIP Flex L 115° R (Spring)</u> <u>R 115° R (Spring)</u>	Advice & Corrective Exercises: <u>Cx Stretch (lateral)</u> <u>Cx Stretch (Lev Scap)</u> <u>Piriformis Stretch</u>

Next Treatment/Management Plan: Back to work in the New Year.