

McGraths Hill Medical Centre

92 Pitt Town Road, McGraths Hill, NSW, 2756

Tel: 02 4577 5367 Fax: 02 4577 6466

Email: mcgrathspractice@gmail.com



GP Mental Health Care Plan

Item 2715 ☒

GP Mental Health Care Plan Review

Item 2712 ☐

Patient Name	Ms Catherine Dufrasne
Address	53 Douglas Street NORTH RICHMOND NSW 2754
Date of Birth	3/12/1962
Medicare Number	2607 28780 8 / 1
Phone Number	0414819675
Gender	Female
Aboriginal or Torres Strait Islander Origin	NO
GP Details	Dr. Catherine Brunton Provider No.: 4538582W Tel: 0245775367 Fax: 0245776466
Date of Plan	14th March 2024
Date of Review (And actual Number of Review)	June 2024
Patient consent	<p>I have explained this service to the patient and any costs involved, and the patient has agreed to proceed with the GP Mental Health Care Plan service.</p> <p>GP signature: <i>[Signature]</i> Date: 14/3/2024</p> <p>Patient signature: <i>[Signature]</i> Date: 14/3/2024</p>

History (Presenting Problem) & Examination	Diagnosis
relationships problems dating back to marriage breakdown may years ago was using friends for support, conflict with daughter	Anxiety

Relevant History

1. 15.3.24
2. 08.4.24

Current Medications

Drug Name	Strength	Dosage
OXYBUTYNIN HYDROCHLORIDE Tablet (Oxybutynin hydrochloride)	5mg	1 Twice a day As directed
OSUVASTATIN Tablet (rosuvastatin (as calcium))	10mg	1 Daily As directed

Outcome Tool Administered (eg GAF or K-10)**Before treatment****After treatment**

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Risk Assessment**Suicidal ideation (Current plan?)**

No

Risk to others?

No

Plan for crisis intervention / Relapse Prevention

McGraths Hill Medical Centre 02 45775367
emergency 000

Social or family contacts

Jane (Son) 0406 145 977

**Recommendations for treatment /
Progress****Changes desired by patient****Actions taken**

Counselling

coping strategies to deal with
conflictreferral for 6 Visit to Psychologist
then review for further 4 visits**Copy of GPMHC Plan supplied to other service providers involved with patient care: YES**

YES

YES

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Phone: 0245775367
Fax: 0245776466

Dr. Catherine Brunton
MBChB, BSc, MRCGP, DFSRH, FRACGP
4538582W

14th March 2024

Ms Michelle Hookham
6 Christie Street
WINDSOR NSW 2756
Phone: 0245774435

Dear Michelle,

Re: Ms Catherine Dufrasne
3/12/1962
53 Douglas Street
NORTH RICHMOND 2754
0414819675
2607 28780 8 / 1

Thank you for seeing Catherine Dufrasne, age 61yrs 3mths, for psychological therapy. They have a mental health Treatment plan which outlines the diagnosis and brief history. I am referring them for 6 sessions with a review for 4 further sessions if required.

Past History:

Date	Condition
20 February 2010	Breast cancer
21 September 2015	Lymphoedema - secondary to lymph node clearance
3 November 2015	Skin infection
3 November 2015	Subungual haematoma
26/19/2017 2017	Hysterectomy and salpingo-oophorectomy
20 February 2017	Insomnia
30 May 2017	Post menopausal bleeding
14 August 2017	Influenza like illness
22 March 2018	Neurofibroma
10 January 2020	Cystolitholapaxy
3 February 2020	Bladder stone
3 February 2020	Bladder stone
20 February 2023	Lymph node - Swelling (Left)

Allergies: No known allergies/adverse reactions.

Current Medications:

Drug Name	Strength	Dosage
OXYBUTYNIN HYDROCHLORIDE Tablet	5mg	1 Twice a day As directed
ROSUVASTATIN Tablet	10mg	1 Daily As directed

Thankyou for your further assessment and management.

Yours sincerely,

Dr. Catherine Brunton

