Tarrengower Remedial Massage

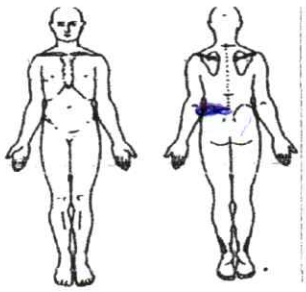
CLIENT RECORD: Follow-up Consultation

Last Name: MCCOMB First Name: ANNE-MAREE Date 19/4/23

Area Being Treated HIP/LBP Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y (N)
If yes

Response to previous treatment (+'ve, -'veISQ): +'VE



3x in 3 weeks
- Sharp pain - Lower back (L)
- & extending to pick up dog
- Worse after sitting

Client consent for treatment

Please sign Date

OBJECTIVE EXAMINATION:

Observation:

Palpatory **Assessment:**

Treatment:
MFTT - iliocostalis, QL, longissimus, semi spinalis, Lat Dorsi, Glute med, TLF, DIP MTrP Glute Med.

Reassessment & Postural **Improvements:**
Lx Flex Floor PB
Lx lat flex R Knee PB

Motion tests (Active, Passive, Resisted, Special Tests):
Lx flex ankle S. @ HS
Lx Lat flex L Knee PB
R Knee S. @ QL.
Bit @ Glute Med

Advice & Corrective Exercises:
Scan from GP if Pain persists
L3? Asc?

Next Treatment/Management Plan: 3 weeks (booked)