

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: LARKMAN First Name: LOIS

Date 29/6/23

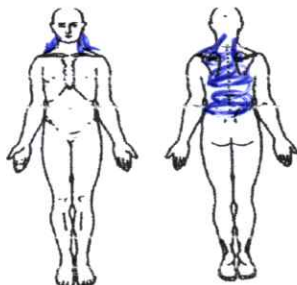
Area Being Treated Cx/rx/ky

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N

If yes _____

Response to previous treatment (+ve, -ve/ISQ): +ve



Pain @ top of head
→ (Splenius cap)?

Soreness in Shoulder
→ work down back
→ Spasm in lower back @ side.

Paracetamol 2/24

Client consent for treatment

Please sign _____

Date _____

OBJECTIVE EXAMINATION:

Observation:	Motion tests (Active, Passive, Resisted, Special Tests): <u>Cx rot L 45° S@ U/T</u> <u>R 50° S@ U/T</u> <u>Lat flex L 100° S@ U/T</u> <u>R 150° S@ U/T.</u>
Palpatory Assessment:	
Treatment: <u>MFTT into costalis</u> <u>QL, longissimus, U/T, Lev Scap</u> <u>Supra, Splen Cap, Splen Cerv</u> <u>D.P MTP Supra, lev scap, U/T</u> <u>Cx Joint Mob</u>	Advice & Corrective Exercises: <u>Cx Stretch 2 sets 2 reps</u>
Reassessment & Postural Improvements:	

Next Treatment/Management Plan: as needed.