

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: LARKMAN First Name: LOIS

Date 13/3/23

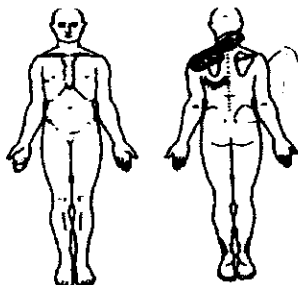
Area Being Treated CX

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y N

If yes \_\_\_\_\_

Response to previous treatment (+ve, -ve/ISQ): +ve



Cardinals - sore  
under shoulder blade  
U/T referral pattern  
LAT DORSI?  
Splenius cervicis  
Nuroten 3 hours

Client consent for treatment

Please sign [Signature]

Date

### OBJECTIVE EXAMINATION:

<p>Observation: <u>CX Tilt @ slight.</u></p>	<p>Motion tests (Active, Passive, Resisted, Special Tests): <u>CX rotn L 40° P. @ U/T</u> <u>R 80° S. @ U/T</u> <u>CX Flex 3 fingers PB</u> <u>CX Lat Flex L 10° S. @ U/T</u> <u>R 10° S. @ U/T</u></p>
<p>Palpatory Assessment:</p>	<p>Advice &amp; Corrective Exercises: <u>CX lat stretch 1 set 2 reps</u></p>
<p>Treatment: <u>MFTT - EDC, Lev Scap, U/T</u> <u>LAT DORSI</u> <u>DIP MT, P Lev Scap, U/T</u> <u>CX Joint Mob</u></p>	
<p>Reassessment &amp; Postural Improvements: <u>CX Rohn L 50° PB</u> <u>R 85° PB</u> <u>CX Lat Flex L 15° S. @ U/T</u> <u>R 15° S. @ U/T</u></p>	

Next Treatment/Management Plan: Book when needed