

# Tarregower Remedial Massage

## CLIENT RECORD: Follow-up Consultation

Last Name: CUDGEOON First Name: BRENWYN

Date 19/10/22

Area Being Treated Tx/Lx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression

changed? YN

If yes \_\_\_\_\_

Response to previous treatment

(+ve, -ve/ISQ): Five



Tx Spine

LBP.

LSCAP J?

### Client consent for treatment

Please sign

Date

19/10/22

### OBJECTIVE EXAMINATION:

Observation:

Motion tests (Active, Passive, Resisted, Special Tests):

Cx Rotn R 850 S<sub>1</sub>@ Scalene  
L 850 PB.

Cx Lat Rotn L 450 P<sub>1</sub>@ Scalene  
R 450 S<sub>1</sub>@ Scalene

Palpatory Assessment:

① Scalene (Post) hypertonic

Treatment:

MFTT Scalenes, U/T Lev  
Optimum ced v. Strap  
Cx Mobilisation

Advice & Corrective Exercises:

Cx Lat Stretch

Reassessment & Postural Improvements:

Next Treatment/Management Plan:

2 weeks (booked)

(IT BAND?)

• Check Headaches post prev. treatment