

6.3.24

Had a meltdown. GP of 21 yrs.
Anti Ds in past
Started again end 2023, but stopped
Seem to be ok.
They made me feel sick.
Estranged husband - cop.
PTSD since 2000
I dealt w him while trying
protecting my children from him.
Doesn't know where we live or where we are.
DIV - verbal; not physical.
Had youngest daughter taken away from me by
manipulating the system.
She was 10.
I took her back at 14. I ~~had~~ went & got her
Hes at Taree.
M. & F. good but B. & S. not supportive.
Estranged from brother.
Shes 21 now
Wants no contact w her K.
In & out of court 10 yrs. But not since
I was court officer in District Courts.
Had me chased down hwy in stolen vehicle
Had me followed by police
Harass my parents
Moved to Harrington so she could stay at
same school but he'd go to school
→
Home schooled
I had MI. + moved back to Sydney to be
closer to eldest daughter + medical
G.P. knows him.
(GP) She rang DOCS as Kimberley reporting what he was
He threatened to kill my eldest doing.
He's been in SJOG x3.

Isolated myself.

Don't tell people my name.

Bro at Foster. Avoid that area.

No contact w him for 3 yrs.

Came to a head again
B + S brought things up again
I don't trust people.

Drinking - one off - Oct. 2023.

Trigger - something on TV.

Not happened since.

ADD

1 glass / week.

Denies other substance.

Lives in rental

St marriage -

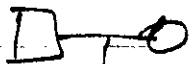
Can't divorce as

married in US.

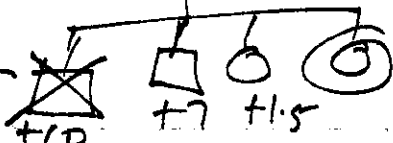
Dx PTSD.

No previous counselling

Kimberley - " for what happened to her.



2015



" Natural Cause - 59

Parents deceased

M - 2017 - lymphoma Hodgkinia

F - 2019 - natural causes.

MIL from 1st marriage - died Aug. 2023

Stone (Maureen) She was there for me

after parents died.

Supports - bro + sister even tho don't see them much

1 child - 1st marriage - 35

1 child - 2nd marriage - 21