

Soma

holistic health



Record Cameron Thayer

Client D.O.B: 08/12/1982

Created By: Auto

Business: Soma Holistic Health

Created On: 19/10/2023 11:57 am

Activity Date: 19/10/2023 11:57 am

Personal Details

The questionnaire requires a lot of very detailed information. This assists us to identify correlations between your symptoms so we can find the underlying cause/s of your presentations. It can look a little overwhelming but we recommend taking some time out with a cup of tea or coffee and working through the form. There is no pressure to disclose anything which makes you feel uncomfortable.

First Name

Cameron

Last Name

Thayer

Address

18 Songlark Court Mango Hill

City

Brisbane

State

Queensland

Postcode

4509

Email

crthayer2018@gmail.com

Mobile Phone

0498832440

Date of Birth

08/12/1982

Occupation

CEO

What is the Main Reason/s for your Visit

Working through grief and trauma from recent suicide of my younger brother and other past traumas that have remerged with this recent loss

Please list any Surgeries you have had (including year)

Left Knee reconstructions 2001 and 2005

Left shoulder surgery 2007

Please list any Medications you take regularly (if none, please write Nil)

Tramal for back pain most days

Please list any Supplements you take regularly (if none, please write Nil)

Protein

Please list any major childhood illnesses, health conditions or accidents (if none, please write Nil)

asthma as a kid

car accident

Please list any allergies you have (including food, medications or essential oils)

Please list if there is a family history of any medical or genetic health conditions (ie. Cancer, High Blood Pressure, High Cholesterol, Parkinson's Disease, Alzheimer's Disease etc)

High cholestrol

Do You Have a Pacemaker?

No

Are You Currently Pregnant?

No

Have you experienced Kinesiology before?

Yes

How Did You Hear About Soma Holistic Health

Google

Emergency Contact Details

We require these details just in case you suffered a medical episode whilst under our care. The details of your Kinesiology session would not be disclosed.

Name of Person:

Shayla Thayer

Relationship

wife

Contact Number

0415790679

General Medical History

Please select any of the below conditions / symptoms that you have experienced in the past or are experiencing now (can select multiple answers)

Arthritis (including Osteoarthritis or Rheumatoid Arthritis), Chronic Pain, Insomnia /Sleeping Issues, Tinnitus

If you selected any of the responses above, please provide some further information ie. Year diagnosed, test results, diagnosis, treatment

Please list any other conditions or concerns not listed above

Mental Health & Emotional Issues

Please select any of the below conditions / symptoms that you have experienced in the past or are

experiencing now (can select multiple answers). If you have don't experience any mental health symptoms, please move onto the next section

Brain Fog, Depression, Mental or Emotional Exhaustion, Grief (unresolved), Memory issues

If you selected any of the responses above, please provide some further information ie. Year diagnosed, test results, diagnosis, treatment

Please list any other mental health conditions or concerns not listed above

Please select whether you are under the care of one or more of the following mental health practitioners

Digestive Issues

Please select any of the below conditions / symptoms that you have experienced in the past or are experiencing now (can select multiple answers). If you have don't experience any digestive symptoms, please move onto the next section

If you selected any of the responses above, please provide some further information ie. Year diagnosed, test results, diagnosis, treatment

Please list any other digestive conditions or concerns not listed above

Reproductive Issues (Females Only)

Please select any of the below conditions / symptoms that you have experienced in the past or are experiencing now (can select multiple answers). If you have don't experience any reproductive symptoms, please move onto the next section

If you selected any of the responses above, please provide some further information ie. Year diagnosed, test results, diagnosis, treatment

Please list any other reproductive conditions or concerns not listed above

Structural Issues

If you selected Structural Issues in the first section, please complete this page. Otherwise, scroll down to the next section.

Back Pain (please also mark on diagram below)

Yes

If you answered yes, what would you rate your back pain out of 10 (with 1 being none and 10 being excruciating)

5/10

Neck Pain (please also mark on diagram below)

No

If you answered yes, what would you rate your neck pain out of 10 (with 1 being none and 10 being excruciating)

/10

Hip Pain (please also mark on diagram below)

No

If you answered yes, what would you rate your hip pain out of 10 (with 1 being none and 10 being excruciating)

/10

Shoulder Pain (please also mark on diagram below)

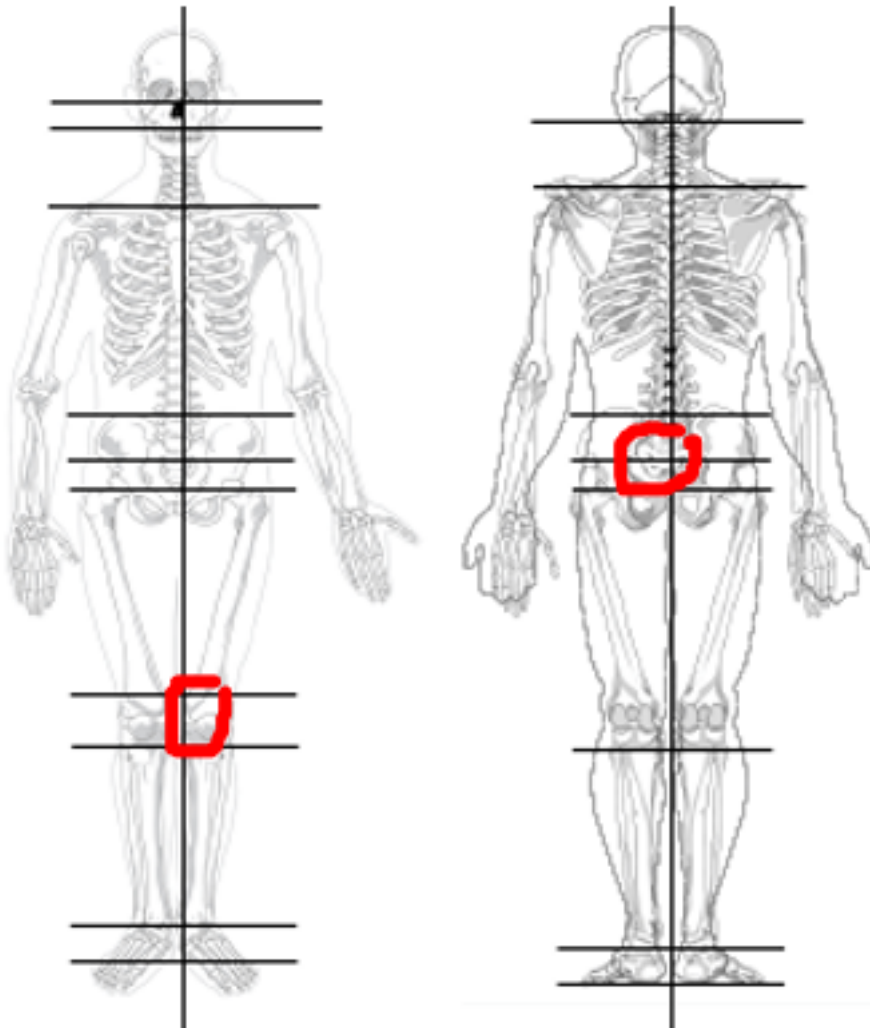
No

If you answered yes, what would you rate your shoulder pain out of 10 (with 1 being none and 10 being excruciating)

/10

Please mark any areas that cause you pain or discomfort. You can colour the affected area or draw an arrow to the injury. You can also add text by selecting the text button and double clicking near the

affected area.



Please list any events that resulted in major physical injury ie. car accidents, major falls etc.
Please list any other structural conditions or concerns not listed above

Viruses

Please select any of the below conditions / symptoms that you have experienced in the past or are experiencing now (can select multiple answers). If you have don't experience any mental health symptoms, please move onto the next section

If you selected any of the responses above, please provide some further information ie. Year diagnosed, test results, diagnosis, treatment

Please list any other viral conditions or concerns not listed above

Diet and Nutrition

Please select any of the answers that reflects your current daily food routine (can select multiple answers)

Do you crave sugar or sweets?

Yes

Do you crave salty carbs?

Do you smoke or vape?

No

How many standard alcoholic drinks do you consume weekly on average?

I do not drink alcohol at all

How much water do you dink daily on average?

1 - 1.5 litres

Medical Reports and Tests

Please upload any relevant Medical Reports or Tests that will help us to understand your current health condition/s.

Client Consent

I give my consent for Kinesiology treatment, and understand my session is confidential. I understand that I may withdraw this consent either verbally or written at any time.

Yes

Declaration

I declare the information provided in the Client Intake Form is true and correct. To the best of my knowledge, I have disclosed all information regarding my past and present state of health. I understand it is my responsibility to inform my Kinesiologist of any changes to medication, major illnesses, or health conditions in subsequent visits. (Please refer to the Informed Consent form for detailed information relating to consent).

Name

Cameron Thayer

Signature

A handwritten signature in black ink that reads "Cameron Thayer". The signature is written in a cursive style with a large, sweeping initial 'C' and a distinct 'Thayer'.