

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: ADDLEMAN First Name: Hayley

Date 22/6/22

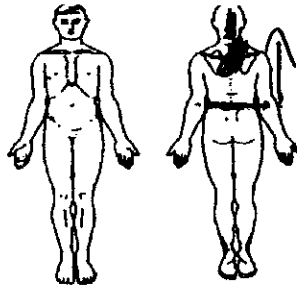
Area Being Treated Cx

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y ☒ N

If yes _____

Response to previous treatment (+ve, -ve/ISQ): +ve



Headaches
Cx - @ Spinal
→ radiating ↑
NLO? → sinuses

Client consent for treatment

Please sign

Addleman

Date

22/6/22

OBJECTIVE EXAMINATION:

<p>Observation: <u>Cx Rotn ①</u></p>	<p>Motion tests (Active, Passive, Resisted, Special Tests): <u>Cx Rotn L 45° P1 @ Spinalis</u> <u>45° P1 @ Spm.</u> <u>Cx Lat Flex 30° S @ U/T</u> <u>L 15° S @ U/T</u></p>
<p>Palpatory Assessment: <u>Pec Minor ++ tend</u></p>	
<p>Treatment: <u>Left Traps ↑ U/T, Lev Scap</u> <u>Pec Minor</u></p>	<p>Advice & Corrective Exercises: <u>Cx Stretch - U/T & Lev Scap</u> <u>Pec Minor</u></p>
<p>Reassessment & Postural Improvements: <u>Cx Rotn L 60° S @ U/T</u> <u>R 70° S @ U/T</u> <u>Cx Lat Flex 40° S @ U/T</u> <u>40° S @ U/T.</u></p>	

Next Treatment/Management Plan:

2 weeks - Pec Minor & Rhomboids

PATIENT SCREENING QUESTIONNAIRE FOR COVID-19

Please Circle Yes or No

1. Do you have a fever or Respiratory Symptoms? **Yes No**

Symptoms include fever OR an acute respiratory infection and include (but are not limited to) cough, sore throat, fatigue and shortness of breath with or without a fever.

2. Have you been identified as a close contact of a confirmed case of coronavirus? **Yes No**

You are a close contact if you: live in the same house as someone who tests positive. spent 4 hours or longer with someone in a home, or health or aged care environment.

3. Are you waiting on COVID-19 swab results? **Yes No**

4. Have you been asked to self-isolate by your GP, or a government authority? **Yes No**

5. Have you received a COVID-19 vaccination in the past 3 days? **Yes No**

I, the undersigned hereby declare that the information I have provided in this questionnaire is true and accurate

Name Hayley Addlem

Your signature 

Date 22/6/22