

Tarrengower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: Bromage First Name: Jude

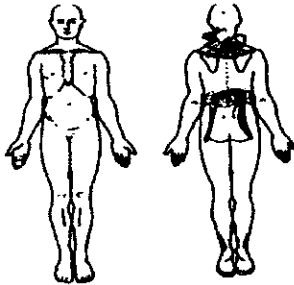
Date 2/1/22

Area Being Treated LB/Glutes
Cx.

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y
If yes _____

Response to previous treatment (+ve, -ve/ISQ): Tive



DCx - possibly due to exercise problem
→ TL Post Scapula
LBP → L Glute

Client consent for treatment

Please sign Bromage

Date 2/1/22

OBJECTIVE EXAMINATION:

<p>Observation:</p>	<p>Motion tests (Active, Passive, Resisted, Special Tests):</p>
<p>Palpatory Assessment:</p>	<p>Advice & Corrective Exercises: <u>Clare Castlemanne Physio (EP).</u> <u>Mobilisation Piriformis Stretch</u> <u>→ Rotate laterally</u> <u>Cx Stretch x each side</u></p>
<p>Treatment: <u>MFTT Ilio costalis Glute Med, Glute Max, Post Scapula</u> <u>Lev Scap, U/T</u> <u>Cx Mob.</u> <u>D.P MTP Glute Med, Piriformis</u></p>	
<p>Reassessment & Postural Improvements:</p>	

Next Treatment/Management Plan: 2 weeks (booked) Pio?

4/11/22 - Spoke with Clare (EP) re
Modifying Judi's Piriformis stretch
So that groin pain is not ~~experienced~~
experienced