

Tarregower Remedial Massage

CLIENT RECORD: Follow-up Consultation

Last Name: BROMAGE First Name: JUDI

Date 6/10/22

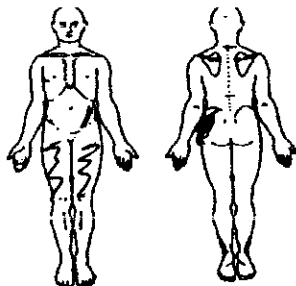
Area Being Treated HIP, QUADS

Current Presentation LOOTRADIOPS:

Has your Clinical Impression changed? Y

If yes _____

Response to previous treatment (+ve, -ve, SQ): +ve



Walking → L Hip Hurts

Sleeping OK (wasn't previously not)
Glute Med, Iliacus
psoas, VASUS group

Client consent for treatment

Please sign JCBromage

Date 6/10/22

OBJECTIVE EXAMINATION:

Observation: <u>HIP</u> <u>Pain on abduction when rolling over in bed.</u> <u>→ knees together</u>	Motion tests (Active, Passive, Resisted, Special Tests): <u>HIP Flex L 90° R (Spring)</u> <u>R 110° R (Spring)</u>
Palpatory Assessment:	
Treatment: <u>MRT Rec fem, vas lat,</u> <u>Vas med, Iliacus</u>	Advice & Corrective Exercises: <u>Piriformis</u> <u>Quad</u> <u>Kneeling Flexor Stretch</u> <u>2 sets 2 Reps every 2nd day</u>
Reassessment & Postural Improvements: <u>HIP Flex L 120° R (Spring)</u> <u>R 125° R (Spring)</u>	

Next Treatment/Management Plan: 2 weeks (booked)
Note Psoas difficult → treat Iliacus.